

42K - STAGE 1

42 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	15:41	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	78	Mario Elson	nast	Senior Masculino	02:49:04		04:02
2	166	José Ferreira	individual	Veterano M40	02:58:00	+08:56	04:14
3	3	Luis Gil	decathlon maia	Veterano M40	03:02:39	+13:35	04:21
4	251	ANTÓNIO SOUSA	ripolins grijó a correr	Veterano M40	03:06:37	+17:32	04:27
5	92	José Cabral	grupo desportivo são salvador do campo	Veterano M50	03:06:37	+17:32	04:27
6	240	NUNO CARNEIRO	nast	Senior Masculino	03:08:18	+19:14	04:29
7	250	Adelino Silva	retorta	Veterano M40	03:12:02	+22:57	04:34
8	58	Julio Finote	ccd sintrense	Veterano M40	03:18:56	+29:51	04:44
9	97	JOSÉ AFONSO	hsantamariart	Veterano M40	03:21:24	+32:19	04:48
10	15	João Rodrigues	amigos da montanha	Veterano M40	03:24:47	+35:42	04:53
11	286	João Paulo Almeida Tavares	individual	Veterano M40	03:25:57	+36:52	04:54
12	77	Pedro Oliveira	don marco	Senior Masculino	03:26:32	+37:28	04:55
13	206	Manuel Chantre	individual	Veterano M50	03:26:48	+37:44	04:55
14	279	João Antunes	viana running	Veterano M40	03:31:12	+42:08	05:02
15	42	Javier Albanil Mogollon	berg outdoor	Senior Masculino	03:31:15	+42:10	05:02
16	91	Joaquim Oliveira	grupo desportivo ferroviários de campanhã	Veterano M40	03:31:23	+42:18	05:02
17	138	Lucinda Sousa	individual	Veterana F40	03:31:37	+42:33	05:02
18	154	Fernando Costa	individual	Veterano M40	03:31:38	+42:34	05:02
19	56	Pedro Miguel Manteigas dos Santos	ccd leões da floresta /ubi	Veterano M40	03:32:23	+43:18	05:03
20	128	Pedro Pita	individual	Senior Masculino	03:32:31	+43:26	05:04
21	274	gonçalo fonseca	unidos à fresca	Senior Masculino	03:35:26	+46:22	05:08
22	147	Arturo Piñeiro rey	individual	Veterano M40	03:36:00	+46:55	05:09
23	211	Paulo Melo	individual	Veterano M50	03:36:31	+47:26	05:09
24	162	Isaac Costa	individual	Veterano M40	03:36:39	+47:34	05:10
25	158	Henrique Barbosa	individual	Veterano M40	03:38:22	+49:17	05:12
26	257	João Barbosa	s. s. monte pio	Veterano M40	03:38:27	+49:23	05:12
27	11	Marco Silva	all about	Veterano M40	03:38:35	+49:31	05:12
28	184	Pedro Pimentel	individual	Veterano M40	03:39:31	+50:26	05:14
29	10	António Ferreira	all about	Veterano M40	03:39:43	+50:38	05:14
30	186	pedro teixeira	individual	Veterano M40	03:39:57	+50:53	05:14
31	294	Carlos Peixoto	amigos da montanha	Veterano M40	03:40:34	+51:29	05:15
32	70	Hugo Marante Lima	desnível positivo	Senior Masculino	03:42:27	+53:22	05:18
33	300	José Antonio Silva	individual	Veterano M40	03:42:55	+53:50	05:18
34	66	Paulo Silva	clube zipper	Senior Masculino	03:44:47	+55:42	05:21
35	185	Pedro Silva	individual	Veterano M40	03:45:06	+56:01	05:22
36	199	Fernando Gonçalves	individual	Veterano M50	03:45:07	+56:03	05:22
37	193	António Martins Neves Dias	individual	Veterano M50	03:45:29	+56:24	05:22
38	149	carlos matos	individual	Veterano M40	03:46:57	+57:52	05:24
39	262	Ricardo Neto	soure mov	Veterano M40	03:47:16	+58:11	05:25
40	41	Paulo Gomes	benfica em forma	Senior Masculino	03:49:49	+01:00:45	05:28
41	146	António Oliveira	individual	Veterano M40	03:49:55	+01:00:50	05:28

42K - STAGE 1

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	13	Miguel Silva	amanhecer da raposa	Veterano M50	03:50:16	+01:01:12	05:29
43	196	Broussard	individual	Veterano M50	03:51:31	+01:02:26	05:31
44	177	Paulo M. S. A. Silva	individual	Veterano M40	03:51:42	+01:02:37	05:31
45	245	Jorge Bastos	pernetas	Veterano M40	03:52:17	+01:03:12	05:32
46	180	PEDRO BARBOSA	individual	Veterano M40	03:52:32	+01:03:27	05:32
47	248	RENATO OLIVEIRA	portocargo runners	Veterano M40	03:52:38	+01:03:34	05:32
48	168	José Manuel Silva Soares	individual	Veterano M40	03:53:15	+01:04:11	05:33
49	102	António Torres Manso	individual	Senior Masculino	03:54:00	+01:04:55	05:34
50	142	Alexandra Fernandes	oralklass	Veterana F50	03:54:40	+01:05:35	05:35
51	288	Jorge Agostinho da Silva Domingues	lebres minhotas	Veterano M40	03:55:57	+01:06:53	05:37
52	280	Paula Rios	vianarunning	Veterana F40	03:56:23	+01:07:19	05:38
53	38	Afonso Torres	aves runners	Veterano M40	03:56:32	+01:07:27	05:38
54	111	Fábio Filipe	individual	Senior Masculino	03:57:25	+01:08:21	05:39
55	126	Pedro Castro	individual	Senior Masculino	03:58:14	+01:09:10	05:40
56	207	Manuel Emidio Rocha	individual	Veterano M50	03:58:17	+01:09:12	05:40
57	5	Fernando Ferreira	aasm	Veterano M50	03:58:59	+01:09:54	05:41
58	59	Rogério Azevedo	ccd sintrense	Veterano M40	04:00:06	+01:11:01	05:43
59	89	LUIS PINHO	ginasio fit4fun	Veterano M40	04:00:33	+01:11:28	05:44
60	172	Luís Pedro Nunes	individual	Veterano M40	04:01:15	+01:12:10	05:45
61	214	Rodrigo Costa	individual	Veterano M50	04:01:59	+01:12:54	05:46
62	164	Joao Maral	individual	Veterano M40	04:02:13	+01:13:08	05:46
63	85	Sérgio Crista	gdr juventude das ribeiras	Veterano M40	04:02:24	+01:13:19	05:46
64	23	manuel segundo	arcorun	Veterano M60	04:03:02	+01:13:57	05:47
65	84	José Nunes	gdr juventude das ribeiras	Veterano M40	04:03:04	+01:13:59	05:47
66	93	João Pedro da Silva Dâmaso	grupo maravilha	Senior Masculino	04:04:06	+01:15:01	05:49
67	48	JORGE MEIRELES	braguinhas runners	Veterano M50	04:04:07	+01:15:03	05:49
68	57	Jose Bernardo	ccd sintrense	Veterano M40	04:04:48	+01:15:43	05:50
69	39	BRUNO BARGE	aztrail/mercentro	Senior Masculino	04:05:36	+01:16:32	05:51
70	222	Luís Sousa Pires	individual	Veterano M60	04:05:56	+01:16:52	05:51
71	160	Hugo Marinho	individual	Veterano M40	04:06:24	+01:17:20	05:52
72	246	Paulo Pimenta	pernetas	Veterano M40	04:06:26	+01:17:21	05:52
73	182	Pedro Magalhães	individual	Veterano M40	04:07:40	+01:18:35	05:54
74	104	Bruno Esteves	individual	Senior Masculino	04:08:25	+01:19:21	05:55
75	208	nuno cáceres	individual	Veterano M50	04:08:44	+01:19:39	05:55
76	96	Fábio Santos	hospital de santa maria - porto	Senior Masculino	04:09:50	+01:20:45	05:57
77	261	Eduardo Manuel Oliveira Costa	salão trail run	Veterano M40	04:10:53	+01:21:48	05:58
78	283	José António de Almeida Moreira	viriativs runners viseu	Veterano M50	04:10:56	+01:21:52	05:58
79	4	ALICE LOPES	ginasio fit4fun	Veterana F40	04:11:01	+01:21:57	05:59
80	178	Paulo Queiroz	individual	Veterano M40	04:11:02	+01:21:57	05:59
81	296	Miguel José Monteiro Ferreira	individual	Veterano M40	04:11:02	+01:21:57	05:59
82	21	Bruno Miguel Pereira Ribeiro	apúlia a correr	Senior Masculino	04:11:15	+01:22:10	05:59
83	112	Fernando Lourenço Almeida Fernandes	individual	Senior Masculino	04:11:22	+01:22:17	05:59
84	152	Emanuel Santos	individual	Veterano M40	04:11:22	+01:22:18	05:59
85	113	Filipe Alves	individual	Senior Masculino	04:11:33	+01:22:29	05:59

42K - STAGE 1

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	27	António Pinheiro Vieira	asphalt assault team	Veterano M40	04:11:54	+01:22:49	06:00
87	62	Jorge Silva	centro ciclista de gondomar	Veterano M50	04:12:30	+01:23:25	06:01
88	173	Marco Cunha	individual	Veterano M40	04:12:31	+01:23:26	06:01
89	55	Fernando Remelgado	ccd - siemens	Veterano M40	04:12:31	+01:23:26	06:01
90	25	Marco Silva	asphalt assault team	Senior Masculino	04:12:37	+01:23:32	06:01
91	105	Bruno Porto	individual	Senior Masculino	04:13:44	+01:24:40	06:02
92	144	Alfredo Rocha	individual	Veterano M40	04:14:26	+01:25:21	06:03
93	82	José Morais	gaia trail	Veterano M50	04:14:26	+01:25:22	06:03
94	115	Filipe Machado	individual	Senior Masculino	04:14:53	+01:25:48	06:04
95	12	Fernando Nogueira	all about	Veterano M50	04:15:07	+01:26:02	06:04
96	237	Filipe Pereira	lousada runners	Senior Masculino	04:15:48	+01:26:43	06:05
97	238	Telmo Reis	lousada runners	Senior Masculino	04:15:48	+01:26:43	06:05
98	244	Fernando Costa	pernetas	Veterano M40	04:16:05	+01:27:00	06:06
99	40	Inês Peixoto	benfica em forma	Senior Feminino	04:16:12	+01:27:08	06:06
100	60	Ana Amaral	centro ciclista de gondomar	Veterana F40	04:17:22	+01:28:18	06:08
101	28	Carlos Azevedo	asphalt assault team	Veterano M40	04:17:38	+01:28:33	06:08
102	26	Vitor Fonseca	asphalt assault team	Senior Masculino	04:18:19	+01:29:14	06:09
103	204	José Monteiro	individual	Veterano M50	04:18:24	+01:29:20	06:09
104	67	José Alfredo Gomes Ribeiro	cluve (clube de veteranos de coimbra)	Veterano M60	04:18:47	+01:29:42	06:10
105	159	Henrique Neves	individual	Veterano M40	04:20:52	+01:31:47	06:13
106	129	Pereira Nuno	individual	Senior Masculino	04:21:03	+01:31:58	06:13
107	169	José Marques	individual	Veterano M40	04:21:03	+01:31:58	06:13
108	143	Alexandre Miguel Carago leal	individual	Veterano M40	04:21:53	+01:32:48	06:14
109	17	Telmo Rafael Ferreira Garcia	amigos das cubas	Sub 23 Masculino	04:22:13	+01:33:08	06:15
110	205	Manuel	individual	Veterano M50	04:22:13	+01:33:09	06:15
111	291	Armando Oliveira	individual	Veterano M60	04:22:25	+01:33:20	06:15
112	243	Afonso Bonifacio	pernetas	Senior Masculino	04:22:43	+01:33:38	06:15
113	1156	Bruno Jose Teixeira Gomes Gomes	individual	Senior Masculino	04:23:25	+01:34:20	06:16
114	134	Vitor Pereira	individual	Senior Masculino	04:23:52	+01:34:47	06:17
115	118	Joao Silva	individual	Senior Masculino	04:24:01	+01:34:57	06:17
116	65	José Gomes	cerveira team running	Veterano M50	04:24:21	+01:35:16	06:18
117	43	Solange Sousa	bia team	Senior Feminino	04:24:22	+01:35:17	06:18
118	16	Ivo Miguel Lemos Martins	amigos das cubas	Senior Masculino	04:24:48	+01:35:43	06:18
119	192	Antonio Monteiro cruz fernandes	individual	Veterano M50	04:25:16	+01:36:11	06:19
120	122	Marco Neiva	individual	Senior Masculino	04:25:21	+01:36:17	06:19
121	34	Paulo Miguel da Costa Pereira Loureiro	associação recreativa juventude muro	Senior Masculino	04:25:26	+01:36:21	06:19
122	210	Paulo Leite	all about	Veterano M50	04:25:39	+01:36:34	06:20
123	269	António Reis	taylors	Veterano M40	04:25:42	+01:36:38	06:20
124	132	RUBEN DANIEL CARMO CONCEIÇÃO	individual	Senior Masculino	04:26:00	+01:36:55	06:20
125	145	António Magalhães	individual	Veterano M40	04:26:00	+01:36:55	06:20
126	239	ANTONIO PALMIRA GUERREIRO	monsanto runningteam	Veterano M60	04:27:14	+01:38:09	06:22
127	190	Victor PARRA	individual	Veterano M40	04:27:20	+01:38:15	06:22

42K - STAGE 1**42 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	101	André Francisco Casais Cardão	individual	Senior Masculino	04:28:11	+01:39:06	06:23
129	33	José Sousa	associação de atletismo lebres do sado	Veterano M40	04:28:34	+01:39:29	06:24
130	198	Carlos Natividade Silva	individual	Veterano M50	04:28:41	+01:39:36	06:24
131	225	Nuno Teixeira	invicta runners team	Senior Masculino	04:28:54	+01:39:49	06:24
132	170	José Martins	individual	Veterano M40	04:28:54	+01:39:49	06:24
133	119	João Veiga	individual	Senior Masculino	04:29:30	+01:40:26	06:25
134	114	Filipe Gonçalves	individual	Senior Masculino	04:29:54	+01:40:50	06:26
135	292	Carlos Vilas-Boas	individual	Veterano M40	04:29:57	+01:40:53	06:26
136	148	Barros Toni	individual	Veterano M40	04:30:16	+01:41:11	06:26
137	35	Carmen Ferreira	associação vale grande	Veterana F50	04:30:28	+01:41:23	06:26
138	120	Jorge Miguel Gomes Da Costa	individual	Senior Masculino	04:31:23	+01:42:18	06:28
139	247	Rui Russo dos Santos	porto runners	Veterano M50	04:31:55	+01:42:50	06:28
140	9	Paula Santos	all about	Veterana F40	04:32:05	+01:43:01	06:29
141	157	Helder Agostinho	individual	Veterano M40	04:32:40	+01:43:35	06:30
142	195	Avelino Faria	individual	Veterano M50	04:32:58	+01:43:54	06:30
143	272	Ângelo Nogueira	team lantermil	Veterano M40	04:33:20	+01:44:15	06:30
144	51	Luis Barreiro	cb run	Senior Masculino	04:33:24	+01:44:20	06:31
145	270	Erasmo Alves	taylors	Veterano M40	04:34:10	+01:45:05	06:32
146	52	Nelson Ferreira	cb run	Senior Masculino	04:34:51	+01:45:47	06:33
147	265	Jorge Coelho	sporting clube de espinho / antónio leitão	Veterano M40	04:35:41	+01:46:36	06:34
148	75	Rui Torres	desnível positivo	Veterano M50	04:36:30	+01:47:26	06:35
149	71	Gisela Pereira	desnível positivo	Veterana F40	04:36:30	+01:47:26	06:35
150	277	Vitor Veiga	urbanatletas	Veterano M40	04:37:10	+01:48:05	06:36
151	151	Clemente Teixeira	individual	Veterano M40	04:37:24	+01:48:19	06:36
152	31	Marco Dantas	asphalt assault team	Veterano M40	04:37:24	+01:48:19	06:36
153	231	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	04:38:40	+01:49:36	06:38
154	171	Luís Nuno Santos	individual	Veterano M40	04:39:28	+01:50:24	06:39
155	153	Fernando Banca	individual	Veterano M40	04:39:44	+01:50:40	06:40
156	220	harald balzk	individual	Veterano M60	04:39:50	+01:50:46	06:40
157	37	Ricardo Moreira	atalanta runners	Senior Masculino	04:40:25	+01:51:20	06:41
158	36	Bruno Vilaça	atalanta runners	Senior Masculino	04:40:25	+01:51:21	06:41
159	155	Georges Gomes	individual	Veterano M40	04:40:57	+01:51:52	06:41
160	47	EDUARDO FERNANDES	braguinhas runners	Veterano M50	04:41:44	+01:52:40	06:42
161	216	Rui Silva	individual	Veterano M50	04:42:58	+01:53:54	06:44
162	14	João Ferreira de Oliveira	amigos atletismo povoense	Veterano M50	04:43:11	+01:54:06	06:45
163	293	José Padrão	individual	Veterano M40	04:43:12	+01:54:07	06:45
164	278	Carlos Almeida	urbanatletas	Veterano M50	04:43:23	+01:54:19	06:45
165	212	paulo moreira	individual	Veterano M50	04:43:24	+01:54:19	06:45
166	252	Carla Rebelo	run 4 fun	Veterana F50	04:44:52	+01:55:47	06:47
167	230	Alcino Sousa	kemedo team	Veterano M60	04:45:03	+01:55:59	06:47
168	229	Hélder Gomes	kemedo team	Veterano M40	04:45:04	+01:55:59	06:47
169	241	José Bordalo	o mundo da corrida	Veterano M60	04:45:20	+01:56:15	06:48
170	95	Cristina Saraiva	hora do lobo trail fc perosinho	Veterana F50	04:45:37	+01:56:32	06:48
171	213	Paulo Valente	individual	Veterano M50	04:45:43	+01:56:39	06:48
172	22	José Correia	arcoron	Veterano M40	04:47:57	+01:58:53	06:51

42K - STAGE 1**42 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	167	JOSÉ JÚLIO FERNANDES VILAÇA	individual	Veterano M40	04:48:30	+01:59:26	06:52
174	163	Javier	individual	Veterano M40	04:48:35	+01:59:30	06:52
175	267	David Sousa	sunset runners	Veterano M50	04:48:58	+01:59:53	06:53
176	131	Ricardo Soares	individual	Senior Masculino	04:49:35	+02:00:30	06:54
177	189	Valério Saleiro	individual	Veterano M40	04:50:09	+02:01:04	06:55
178	242	Bruno Filipe Ribeiro Ferreira	osteo performance 360º	Senior Masculino	04:50:44	+02:01:39	06:55
179	103	Bernardo de Filipitsch	individual	Senior Masculino	04:52:38	+02:03:33	06:58
180	130	Philip Manteigas	individual	Senior Masculino	04:53:15	+02:04:10	06:59
181	203	Jose Magalhaes	individual	Veterano M50	04:53:36	+02:04:31	06:59
182	64	Filipe Alves	ceveira team running	Veterano M40	04:55:04	+02:05:59	07:02
183	179	Paulo Ribeiro	individual	Veterano M40	04:56:01	+02:06:56	07:03
184	46	JOSÉ FINS	braguihas runners	Veterano M40	04:56:56	+02:07:52	07:04
185	45	HILÁRIO RAMOS	braguihas runners	Veterano M40	04:56:57	+02:07:52	07:04
186	81	luis oliveira	felgueiras team trail	Veterano M40	04:57:03	+02:07:58	07:04
187	127	Pedro Miguel Alves Martins	individual	Senior Masculino	04:57:03	+02:07:58	07:04
188	201	Hermínio Pinho	individual	Veterano M50	04:58:00	+02:08:55	07:06
189	175	Milton	individual	Veterano M40	04:58:00	+02:08:55	07:06
190	106	Carl Schneider	individual	Senior Masculino	04:58:52	+02:09:48	07:07
191	61	Henrique Matos	centro ciclista de gondomar	Veterano M40	04:59:48	+02:10:44	07:08
192	281	Nuno Santos	villa cesari / flama	Veterano M40	04:59:56	+02:10:51	07:08
193	137	Goreti Silva	individual	Veterana F40	05:01:17	+02:12:12	07:10
194	223	Pedro Amorim	individual	Veterano M60	05:01:17	+02:12:12	07:10
195	44	PAULO SÁ	braguihas runners	Senior Masculino	05:01:29	+02:12:25	07:11
196	273	Paulo Carvalho	trailistas "eu é que sei"	Veterano M50	05:01:44	+02:12:39	07:11
197	249	Germano Bernardo	prazer da corrida	Veterano M60	05:02:06	+02:13:01	07:12
198	90	Patrícia Lourenço	go!runners/outupro store	Senior Feminino	05:02:16	+02:13:12	07:12
199	49	Filipe Pedro	cavalas velozes	Senior Masculino	05:02:16	+02:13:12	07:12
200	232	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	05:04:47	+02:15:42	07:15
201	50	Mário Meneses	individual	Veterano M60	05:05:53	+02:16:49	07:17
202	123	Michel Martins	individual	Senior Masculino	05:06:06	+02:17:02	07:17
203	117	Humberto José de Lima Barros	individual	Senior Masculino	05:06:42	+02:17:38	07:18
204	215	Rui Pedras	individual	Veterano M50	05:07:12	+02:18:07	07:19
205	139	Maria Fernanda Freitas Ferreira	individual	Veterana F40	05:08:23	+02:19:18	07:21
206	227	Filipe Sousa	kemedo team	Senior Masculino	05:08:25	+02:19:21	07:21
207	228	Hélder Castro	kemedo team	Veterano M40	05:08:28	+02:19:23	07:21
208	271	Serafim Cruz	taylors	Veterano M40	05:09:31	+02:20:26	07:22
209	7	Alexandra Carvalho	alexandra carvalho team	Senior Feminino	05:09:36	+02:20:31	07:22
210	32	Pedro Alves	associação brunheiro natural	Veterano M40	05:09:36	+02:20:32	07:22
211	236	Bruno Vasconcelos Maia	lobos da católica	Senior Masculino	05:09:43	+02:20:38	07:22
212	290	Jérôme Pierre Carlo Tintinger	individual	Senior Masculino	05:10:08	+02:21:04	07:23
213	209	Paulo Dias	individual	Veterano M50	05:12:53	+02:23:48	07:27
214	98	Cheila Ferreira Dias	individual	Senior Feminino	05:13:05	+02:24:00	07:27
215	234	Jorge Rocha	lion runners - g. d. leões da guarda	Veterano M40	05:16:44	+02:27:39	07:32
216	74	David Antunes	desnível positivo	Veterano M50	05:16:50	+02:27:45	07:33
217	99	Sandra Zeferino	individual	Senior Feminino	05:17:14	+02:28:09	07:33

42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	15:41	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	40	Inês Peixoto	Benfica em Forma	Senior Feminino	04:16:12	+01:27:08	06:06
2	43	Solange Sousa	Bia Team	Senior Feminino	04:24:22	+01:35:17	06:18
3	90	Patrícia Lourenço	GO!Runners/Outrpro Store	Senior Feminino	05:02:16	+02:13:12	07:12
4	7	Alexandra Carvalho	Alexandra Carvalho Team	Senior Feminino	05:09:36	+02:20:31	07:22
5	98	Cheila Ferreira Dias	Individual	Senior Feminino	05:13:05	+02:24:00	07:27
6	99	Sandra Zeferino	Individual	Senior Feminino	05:17:14	+02:28:09	07:33

Senior Masculino

1	78	Mario Elson	NAST	Senior Masculino	02:49:04		04:02
2	240	NUNO CARNEIRO	NAST	Senior Masculino	03:08:18	+19:14	04:29
3	77	Pedro Oliveira	Don Marco	Senior Masculino	03:26:32	+37:28	04:55
4	42	Javier Albanil Mogollon	BERG OUTDOOR	Senior Masculino	03:31:15	+42:10	05:02
5	128	Pedro Pita	Individual	Senior Masculino	03:32:31	+43:26	05:04
6	274	gonçalo fonseca	UNIDOS À FRESCA	Senior Masculino	03:35:26	+46:22	05:08
7	70	Hugo Marante Lima	Desnível Positivo	Senior Masculino	03:42:27	+53:22	05:18
8	66	Paulo Silva	Clube Zupper	Senior Masculino	03:44:47	+55:42	05:21
9	41	Paulo Gomes	Benfica em Forma	Senior Masculino	03:49:49	+01:00:45	05:28
10	102	António Torres Manso	Individual	Senior Masculino	03:54:00	+01:04:55	05:34
11	111	Fábio Filipe	Individual	Senior Masculino	03:57:25	+01:08:21	05:39
12	126	Pedro Castro	Individual	Senior Masculino	03:58:14	+01:09:10	05:40
13	93	João Pedro da Silva Dâmaso	Grupo Maravilha	Senior Masculino	04:04:06	+01:15:01	05:49
14	39	BRUNO BARGE	AZtrail/Mercentro	Senior Masculino	04:05:36	+01:16:32	05:51
15	104	Bruno Esteves	Individual	Senior Masculino	04:08:25	+01:19:21	05:55
16	96	Fábio Santos	Hospital de Santa Maria - Porto	Senior Masculino	04:09:50	+01:20:45	05:57
17	21	Bruno Miguel Pereira Ribeiro	Apúlia a Correr	Senior Masculino	04:11:15	+01:22:10	05:59
18	112	Fernando Lourenço Almeida Fernandes	Individual	Senior Masculino	04:11:22	+01:22:17	05:59
19	113	Filipe Alves	Individual	Senior Masculino	04:11:33	+01:22:29	05:59
20	25	Marco Silva	ASPHALT ASSAULT TEAM	Senior Masculino	04:12:37	+01:23:32	06:01
21	105	Bruno Porto	Individual	Senior Masculino	04:13:44	+01:24:40	06:02
22	115	Filipe Machado	Individual	Senior Masculino	04:14:53	+01:25:48	06:04
23	237	Filipe Pereira	LOUSADA RUNNERS	Senior Masculino	04:15:48	+01:26:43	06:05
24	238	Telmo Reis	LOUSADA RUNNERS	Senior Masculino	04:15:48	+01:26:43	06:05
25	26	Vítor Fonseca	ASPHALT ASSAULT TEAM	Senior Masculino	04:18:19	+01:29:14	06:09
26	129	Pereira Nuno	Individual	Senior Masculino	04:21:03	+01:31:58	06:13
27	243	Afonso Bonifacio	Pernetas	Senior Masculino	04:22:43	+01:33:38	06:15
28	1156	Bruno Jose Teixeira Gomes Gomes	Individual	Senior Masculino	04:23:25	+01:34:20	06:16
29	134	Vítor Pereira	Individual	Senior Masculino	04:23:52	+01:34:47	06:17
30	118	Joao Silva	Individual	Senior Masculino	04:24:01	+01:34:57	06:17

42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	16	Ivo Miguel Lemos Martins	Amigos das Cubas	Senior Masculino	04:24:48	+01:35:43	06:18
32	122	Marco Neiva	Individual	Senior Masculino	04:25:21	+01:36:17	06:19
33	34	Paulo Miguel da Costa Pereira Loureiro	Associação Recreativa Juventude Muro	Senior Masculino	04:25:26	+01:36:21	06:19
34	132	RUBEN DANIEL CARMO CONCEIÇÃO	Individual	Senior Masculino	04:26:00	+01:36:55	06:20
35	101	André Francisco Casais Cardão	Individual	Senior Masculino	04:28:11	+01:39:06	06:23
36	225	Nuno Teixeira	Invicta Runners Team	Senior Masculino	04:28:54	+01:39:49	06:24
37	119	João Veiga	Individual	Senior Masculino	04:29:30	+01:40:26	06:25
38	114	Filipe Gonçalves	Individual	Senior Masculino	04:29:54	+01:40:50	06:26
39	120	Jorge Miguel Gomes Da Costa	Individual	Senior Masculino	04:31:23	+01:42:18	06:28
40	51	Luis Barreiro	CB RUN	Senior Masculino	04:33:24	+01:44:20	06:31
41	52	Nelson Ferreira	CB RUN	Senior Masculino	04:34:51	+01:45:47	06:33
42	231	Bruno Monteiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:38:40	+01:49:36	06:38
43	37	Ricardo Moreira	Atalanta runners	Senior Masculino	04:40:25	+01:51:20	06:41
44	36	Bruno Vilaça	Atalanta runners	Senior Masculino	04:40:25	+01:51:21	06:41
45	131	Ricardo Soares	Individual	Senior Masculino	04:49:35	+02:00:30	06:54
46	242	Bruno Filipe Ribeiro Ferreira	Osteo Performance 360º	Senior Masculino	04:50:44	+02:01:39	06:55
47	103	Bernardo de Filipitsch	Individual	Senior Masculino	04:52:38	+02:03:33	06:58
48	130	Philip Manteigas	Individual	Senior Masculino	04:53:15	+02:04:10	06:59
49	127	Pedro Miguel Alves Martins	Individual	Senior Masculino	04:57:03	+02:07:58	07:04
50	106	Carl Schneider	Individual	Senior Masculino	04:58:52	+02:09:48	07:07
51	44	PAULO SÁ	Braguinhas Runners	Senior Masculino	05:01:29	+02:12:25	07:11
52	49	Filipe Pedro	Cavalas Velozes	Senior Masculino	05:02:16	+02:13:12	07:12
53	123	Michel Martins	Individual	Senior Masculino	05:06:06	+02:17:02	07:17
54	117	Humberto José de Lima Barros	Individual	Senior Masculino	05:06:42	+02:17:38	07:18
55	227	Filipe Sousa	KeMedo Team	Senior Masculino	05:08:25	+02:19:21	07:21
56	236	Bruno Vasconcelos Maia	Lobos da Católica	Senior Masculino	05:09:43	+02:20:38	07:22
57	290	Jérôme Pierre Carlo Tintinger	Individual	Senior Masculino	05:10:08	+02:21:04	07:23
58	124	Paulo	Individual	Senior Masculino	05:39:56	+02:50:51	08:06
59	110	Eduard Agayev	Individual	Senior Masculino	06:01:10	+03:12:06	08:36

Sub 23 Masculino

1	17	Telmo Rafael Ferreira Garcia	Amigos das Cubas	Sub 23 Masculino	04:22:13	+01:33:08	06:15
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Veterana F40

1	138	Lucinda Sousa	Individual	Veterana F40	03:31:37	+42:33	05:02
2	280	Paula Rios	Vianarunning	Veterana F40	03:56:23	+01:07:19	05:38
3	4	ALICE LOPES	Ginasio Fit4Fun	Veterana F40	04:11:01	+01:21:57	05:59
4	60	Ana Amaral	CENTRO CICLISTA DE GONDOMAR	Veterana F40	04:17:22	+01:28:18	06:08
5	9	Paula Santos	All About	Veterana F40	04:32:05	+01:43:01	06:29
6	71	Gisela Pereira	Desnível Positivo	Veterana F40	04:36:30	+01:47:26	06:35
7	137	Goreti Silva	Individual	Veterana F40	05:01:17	+02:12:12	07:10

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42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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8	139	María Fernanda Freitas Ferreira	Individual	Veterana F40	05:08:23	+02:19:18	07:21
9	140	Paula Oliveira	Individual	Veterana F40	05:18:11	+02:29:07	07:35
10	63	Maria José Figueiredo	Cerveira Team Running	Veterana F40	05:52:56	+03:03:51	08:24

Veterana F50

1	142	Alexandra Fernandes	ORALKLASS	Veterana F50	03:54:40	+01:05:35	05:35
2	35	Carmen Ferreira	Associação Vale Grande	Veterana F50	04:30:28	+01:41:23	06:26
3	252	Carla Rebelo	RUN 4 FUN	Veterana F50	04:44:52	+01:55:47	06:47
4	95	Cristina Saraiva	Hora do Lobo Trail FC Perosinho	Veterana F50	04:45:37	+01:56:32	06:48
5	232	Maria Ricardo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	05:04:47	+02:15:42	07:15

Veterana F60

1	72	Fernanda Esteves	Desnível Positivo	Veterana F60	05:54:37	+03:05:32	08:27
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Veterano M40

1	166	José Ferreira	Individual	Veterano M40	02:58:00	+08:56	04:14
2	3	Luis Gil	Decathlon Maia	Veterano M40	03:02:39	+13:35	04:21
3	251	ANTÓNIO SOUSA	RIPOLINS GRIJÓ A CORRER	Veterano M40	03:06:37	+17:32	04:27
4	250	Adelino Silva	RETORTA	Veterano M40	03:12:02	+22:57	04:34
5	58	Julio Finote	CCD Sintrense	Veterano M40	03:18:56	+29:51	04:44
6	97	JOSÉ AFONSO	hSantamariaRT	Veterano M40	03:21:24	+32:19	04:48
7	15	João Rodrigues	Amigos da Montanha	Veterano M40	03:24:47	+35:42	04:53
8	286	João Paulo Almeida Tavares	Individual	Veterano M40	03:25:57	+36:52	04:54
9	279	João Antunes	Viana Running	Veterano M40	03:31:12	+42:08	05:02
10	91	Joaquim Oliveira	GRUPO DESPORTIVO FERROVIÁRIOS DE CAMPANHÃ	Veterano M40	03:31:23	+42:18	05:02
11	154	Fernando Costa	Individual	Veterano M40	03:31:38	+42:34	05:02
12	56	Pedro Miguel Manteigas dos Santos	CCD Leões da floresta /UBI	Veterano M40	03:32:23	+43:18	05:03
13	147	Arturo Piñeiro rey	Individual	Veterano M40	03:36:00	+46:55	05:09
14	162	Isaac Costa	Individual	Veterano M40	03:36:39	+47:34	05:10
15	158	Henrique Barbosa	Individual	Veterano M40	03:38:22	+49:17	05:12
16	257	João Barbosa	S. S. MONTEPIO	Veterano M40	03:38:27	+49:23	05:12
17	11	Marco Silva	All About	Veterano M40	03:38:35	+49:31	05:12
18	184	Pedro Pimentel	Individual	Veterano M40	03:39:31	+50:26	05:14
19	10	António Ferreira	All About	Veterano M40	03:39:43	+50:38	05:14
20	186	pedro teixeira	Individual	Veterano M40	03:39:57	+50:53	05:14
21	294	Carlos Peixoto	Amigos da Montanha	Veterano M40	03:40:34	+51:29	05:15
22	300	José Antonio Silva	Individual	Veterano M40	03:42:55	+53:50	05:18
23	185	Pedro Silva	Individual	Veterano M40	03:45:06	+56:01	05:22
24	149	carlos matos	Individual	Veterano M40	03:46:57	+57:52	05:24
25	262	Ricardo Neto	Soure Mov	Veterano M40	03:47:16	+58:11	05:25
26	146	António Oliveira	Individual	Veterano M40	03:49:55	+01:00:50	05:28

Official Timekeeper: Lap2Go

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generate 02-Dec-2018 15:43

42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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27	177	Paulo M. S. A. Silva	Individual	Veterano M40	03:51:42	+01:02:37	05:31
28	245	Jorge Bastos	Pernetas	Veterano M40	03:52:17	+01:03:12	05:32
29	180	PEDRO BARBOSA	Individual	Veterano M40	03:52:32	+01:03:27	05:32
30	248	RENATO OLIVEIRA	PORTOCARGO RUNNERS	Veterano M40	03:52:38	+01:03:34	05:32
31	168	José Manuel Silva Soares	Individual	Veterano M40	03:53:15	+01:04:11	05:33
32	288	Jorge Agostinho da Silva Domingues	Lebres Minhotas	Veterano M40	03:55:57	+01:06:53	05:37
33	38	Afonso Torres	Aves Runners	Veterano M40	03:56:32	+01:07:27	05:38
34	59	Rogério Azevedo	CCD Sintrense	Veterano M40	04:00:06	+01:11:01	05:43
35	89	LUIS PINHO	Ginasio Fit4Fun	Veterano M40	04:00:33	+01:11:28	05:44
36	172	Luís Pedro Nunes	Individual	Veterano M40	04:01:15	+01:12:10	05:45
37	164	Joao Maral	Individual	Veterano M40	04:02:13	+01:13:08	05:46
38	85	Sérgio Crista	GDR Juventude das Ribeiras	Veterano M40	04:02:24	+01:13:19	05:46
39	84	José Nunes	GDR Juventude das Ribeiras	Veterano M40	04:03:04	+01:13:59	05:47
40	57	Jose Bernardo	CCD Sintrense	Veterano M40	04:04:48	+01:15:43	05:50
41	160	Hugo Marinho	Individual	Veterano M40	04:06:24	+01:17:20	05:52
42	246	Paulo Pimenta	Pernetas	Veterano M40	04:06:26	+01:17:21	05:52
43	182	Pedro Magalhães	Individual	Veterano M40	04:07:40	+01:18:35	05:54
44	261	Eduardo Manuel Oliveira Costa	Salão Trail Run	Veterano M40	04:10:53	+01:21:48	05:58
45	178	Paulo Queiroz	Individual	Veterano M40	04:11:02	+01:21:57	05:59
46	296	Miguel José Monteiro Ferreira	Individual	Veterano M40	04:11:02	+01:21:57	05:59
47	152	Emanuel Santos	Individual	Veterano M40	04:11:22	+01:22:18	05:59
48	27	António Pinheiro Vieira	ASPHALT ASSAULT TEAM	Veterano M40	04:11:54	+01:22:49	06:00
49	173	Marco Cunha	Individual	Veterano M40	04:12:31	+01:23:26	06:01
50	55	Fernando Remelgado	CCD - SIEMENS	Veterano M40	04:12:31	+01:23:26	06:01
51	144	Alfredo Rocha	Individual	Veterano M40	04:14:26	+01:25:21	06:03
52	244	Fernando Costa	Pernetas	Veterano M40	04:16:05	+01:27:00	06:06
53	28	Carlos Azevedo	ASPHALT ASSAULT TEAM	Veterano M40	04:17:38	+01:28:33	06:08
54	159	Henrique Neves	Individual	Veterano M40	04:20:52	+01:31:47	06:13
55	169	José Marques	Individual	Veterano M40	04:21:03	+01:31:58	06:13
56	143	Alexandre Miguel Carago leal	Individual	Veterano M40	04:21:53	+01:32:48	06:14
57	269	António Reis	Taylors	Veterano M40	04:25:42	+01:36:38	06:20
58	145	António Magalhães	Individual	Veterano M40	04:26:00	+01:36:55	06:20
59	190	Victor PARRA	Individual	Veterano M40	04:27:20	+01:38:15	06:22
60	33	José Sousa	Associação de atletismo Lebres do sado	Veterano M40	04:28:34	+01:39:29	06:24
61	170	José Martins	Individual	Veterano M40	04:28:54	+01:39:49	06:24
62	292	Carlos Vilas-Boas	Individual	Veterano M40	04:29:57	+01:40:53	06:26
63	148	Barros Toni	Individual	Veterano M40	04:30:16	+01:41:11	06:26
64	157	Helder Agostinho	Individual	Veterano M40	04:32:40	+01:43:35	06:30
65	272	Ângelo Nogueira	TEAM LANTEMIL	Veterano M40	04:33:20	+01:44:15	06:30
66	270	Erasmus Alves	Taylors	Veterano M40	04:34:10	+01:45:05	06:32
67	265	Jorge Coelho	Sporting Clube de Espinho / António Leitão	Veterano M40	04:35:41	+01:46:36	06:34
68	277	Vitor Veiga	UrbanAtletas	Veterano M40	04:37:10	+01:48:05	06:36
69	151	Clemente Teixeira	Individual	Veterano M40	04:37:24	+01:48:19	06:36
70	31	Marco Dantas	ASPHALT ASSAULT TEAM	Veterano M40	04:37:24	+01:48:19	06:36
71	171	Luís Nuno Santos	Individual	Veterano M40	04:39:28	+01:50:24	06:39

Official Timekeeper: Lap2Go	4 / 7	generate 02-Dec-2018 15:43
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42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

72	153	Fernando Banca	Individual	Veterano M40	04:39:44	+01:50:40	06:40
73	155	Georges Gomes	Individual	Veterano M40	04:40:57	+01:51:52	06:41
74	293	José Padrão	Individual	Veterano M40	04:43:12	+01:54:07	06:45
75	229	Hélder Gomes	KeMedo Team	Veterano M40	04:45:04	+01:55:59	06:47
76	22	José Correia	ARCORUN	Veterano M40	04:47:57	+01:58:53	06:51
77	167	JOSÉ JÚLIO FERNANDES VILAÇA	Individual	Veterano M40	04:48:30	+01:59:26	06:52
78	163	Javier	Individual	Veterano M40	04:48:35	+01:59:30	06:52
79	189	Valério Saleiro	Individual	Veterano M40	04:50:09	+02:01:04	06:55
80	64	Filipe Alves	Cerveira Team Running	Veterano M40	04:55:04	+02:05:59	07:02
81	179	Paulo Ribeiro	Individual	Veterano M40	04:56:01	+02:06:56	07:03
82	46	JOSÉ FINS	Braguinhãs Runners	Veterano M40	04:56:56	+02:07:52	07:04
83	45	HILÁRIO RAMOS	Braguinhãs Runners	Veterano M40	04:56:57	+02:07:52	07:04
84	81	luis oliveira	felgueiras team trail	Veterano M40	04:57:03	+02:07:58	07:04
85	175	Milton	Individual	Veterano M40	04:58:00	+02:08:55	07:06
86	61	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	04:59:48	+02:10:44	07:08
87	281	Nuno Santos	Villa Cesari / FLAMA	Veterano M40	04:59:56	+02:10:51	07:08
88	228	Hélder Castro	KeMedo Team	Veterano M40	05:08:28	+02:19:23	07:21
89	271	Serafim Cruz	Taylors	Veterano M40	05:09:31	+02:20:26	07:22
90	32	Pedro Alves	Associação Brunheiro Natural	Veterano M40	05:09:36	+02:20:32	07:22
91	234	Jorge Rocha	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	05:16:44	+02:27:39	07:32
92	156	Gonçalo Rodrigues	Individual	Veterano M40	05:17:15	+02:28:11	07:33
93	287	Américo Santos	Taylors	Veterano M40	05:17:59	+02:28:55	07:34
94	258	Ricardo Resende	S. S. MONTEPIO	Veterano M40	05:22:13	+02:33:08	07:40
95	68	Miguel Barqueiro	Corredor Fim de Tarde	Veterano M40	05:22:36	+02:33:31	07:41
96	259	Rui Carvalho	S. S. MONTEPIO	Veterano M40	05:29:43	+02:40:38	07:51
97	256	Francisco Moreira	S. S. MONTEPIO	Veterano M40	05:29:43	+02:40:38	07:51
98	88	Rui Matos	Gerês Forever	Veterano M40	05:30:04	+02:40:59	07:52
99	263	Rui Craveiro	SPEM Em'Força	Veterano M40	05:52:48	+03:03:43	08:24
100	150	Cláudio Brochado	Individual	Veterano M40	06:31:59	+03:42:55	09:20
101	297	Filipe Rocha	Individual	Veterano M40	06:32:00	+03:42:56	09:20
102	73	Ricardo Mendes	Desnível Positivo	Veterano M40	06:32:02	+03:42:57	09:20

Veterano M50

1	92	José Cabral	Grupo desportivo São Salvador do Campo	Veterano M50	03:06:37	+17:32	04:27
2	206	Manuel Chantre	Individual	Veterano M50	03:26:48	+37:44	04:55
3	211	Paulo Melo	Individual	Veterano M50	03:36:31	+47:26	05:09
4	199	Fernando Gonçalves	Individual	Veterano M50	03:45:07	+56:03	05:22
5	193	António Martins Neves Dias	Individual	Veterano M50	03:45:29	+56:24	05:22
6	13	Miguel Silva	Amanhecer da Raposa	Veterano M50	03:50:16	+01:01:12	05:29
7	196	Broussard	Individual	Veterano M50	03:51:31	+01:02:26	05:31
8	207	Manuel Emidio Rocha	Individual	Veterano M50	03:58:17	+01:09:12	05:40
9	5	Fernando Ferreira	AASM	Veterano M50	03:58:59	+01:09:54	05:41
10	214	Rodrigo Costa	Individual	Veterano M50	04:01:59	+01:12:54	05:46

42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	48	JORGE MEIRELES	Braguinhas Runners	Veterano M50	04:04:07	+01:15:03	05:49
12	208	nuno cáceres	Individual	Veterano M50	04:08:44	+01:19:39	05:55
13	283	José António de Almeida Moreira	Viriathvs Runners Viseu	Veterano M50	04:10:56	+01:21:52	05:58
14	62	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	04:12:30	+01:23:25	06:01
15	82	José Morais	Gaia Trail	Veterano M50	04:14:26	+01:25:22	06:03
16	12	Fernando Nogueira	All About	Veterano M50	04:15:07	+01:26:02	06:04
17	204	José Monteiro	Individual	Veterano M50	04:18:24	+01:29:20	06:09
18	205	Manuel	Individual	Veterano M50	04:22:13	+01:33:09	06:15
19	65	José Gomes	Cerveira Team Running	Veterano M50	04:24:21	+01:35:16	06:18
20	192	Antonio Monteiro cruz fernandes	Individual	Veterano M50	04:25:16	+01:36:11	06:19
21	210	Paulo Leite	All About	Veterano M50	04:25:39	+01:36:34	06:20
22	198	Carlos Natividade Silva	Individual	Veterano M50	04:28:41	+01:39:36	06:24
23	247	Rui Russo dos Santos	Porto Runners	Veterano M50	04:31:55	+01:42:50	06:28
24	195	Avelino Faria	Individual	Veterano M50	04:32:58	+01:43:54	06:30
25	75	Rui Torres	Desnível Positivo	Veterano M50	04:36:30	+01:47:26	06:35
26	47	EDUARDO FERNANDES	Braguinhas Runners	Veterano M50	04:41:44	+01:52:40	06:42
27	216	Rui Silva	Individual	Veterano M50	04:42:58	+01:53:54	06:44
28	14	João Ferreira de Oliveira	AMIGOS ATLETISMO POVOENSE	Veterano M50	04:43:11	+01:54:06	06:45
29	278	Carlos Almeida	UrbanAtletas	Veterano M50	04:43:23	+01:54:19	06:45
30	212	paulo moreira	Individual	Veterano M50	04:43:24	+01:54:19	06:45
31	213	Paulo Valente	Individual	Veterano M50	04:45:43	+01:56:39	06:48
32	267	David Sousa	Sunset Runners	Veterano M50	04:48:58	+01:59:53	06:53
33	203	Jose Magalhaes	Individual	Veterano M50	04:53:36	+02:04:31	06:59
34	201	Hermínio Pinho	Individual	Veterano M50	04:58:00	+02:08:55	07:06
35	273	Paulo Carvalho	Trailistas "eu é que sei"	Veterano M50	05:01:44	+02:12:39	07:11
36	215	Rui Pedras	Individual	Veterano M50	05:07:12	+02:18:07	07:19
37	209	Paulo Dias	Individual	Veterano M50	05:12:53	+02:23:48	07:27
38	74	David Antunes	Desnível Positivo	Veterano M50	05:16:50	+02:27:45	07:33
39	69	José Silva	Corredor Fim de Tarde	Veterano M50	05:22:36	+02:33:31	07:41
40	18	Carlos Costa	Amigos Vale Silencio	Veterano M50	05:23:59	+02:34:54	07:43
41	19	Fernando Silva	Amigos Vale Silencio	Veterano M50	05:23:59	+02:34:55	07:43
42	260	Fernando Carvalho	S. S. MONTEPIO	Veterano M50	05:29:43	+02:40:38	07:51
43	264	Vitor Vieira	SPEM Em'Força	Veterano M50	05:52:47	+03:03:43	08:24
44	194	Augusto Paulo Neves	Individual	Veterano M50	05:58:36	+03:09:32	08:32
45	197	Carlos Monteiro	Individual	Veterano M50	05:58:37	+03:09:32	08:32

Veterano M60

1	23	manuel segundo	ARCORUN	Veterano M60	04:03:02	+01:13:57	05:47
2	222	Luís Sousa Pires	Individual	Veterano M60	04:05:56	+01:16:52	05:51
3	67	José Alfredo Gomes Ribeiro	CluVe (Clube de Veteranos de Coimbra)	Veterano M60	04:18:47	+01:29:42	06:10
4	291	Armando Oliveira	Individual	Veterano M60	04:22:25	+01:33:20	06:15
5	239	ANTONIO PALMIRA GUERREIRO	Monsanto RunningTeam	Veterano M60	04:27:14	+01:38:09	06:22
6	220	harald balzk	Individual	Veterano M60	04:39:50	+01:50:46	06:40
7	230	Alcino Sousa	KeMedo Team	Veterano M60	04:45:03	+01:55:59	06:47

42K**42 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

8	241	José Bordalo	O Mundo da Corrida	Veterano M60	04:45:20	+01:56:15	06:48
9	223	Pedro Amorim	Individual	Veterano M60	05:01:17	+02:12:12	07:10
10	249	Germano Bernardo	Prazer da Corrida	Veterano M60	05:02:06	+02:13:01	07:12
11	50	Mário Meneses	Individual	Veterano M60	05:05:53	+02:16:49	07:17
12	295	JOSÉ ANTONIO PÉREZ FERNÁNDEZ	CUEVAS NOGUEIRA TRAIL	Veterano M60	05:23:34	+02:34:29	07:42
13	6	Fernando Santos	AFIS/OVAR	Veterano M60	05:24:54	+02:35:49	07:44
14	219	FRANCISCO LUIS COMBARROS VILA	Individual	Veterano M60	05:39:56	+02:50:51	08:06
15	20	Luis Lisboa Santos	Amigos Vale Silencio	Veterano M60	05:52:56	+03:03:51	08:24
16	221	Justino Gonçalves	Individual	Veterano M60	06:30:28	+03:41:24	09:18
17	76	Quim Sampaio	Desnível Positivo	Veterano M60	06:32:03	+03:42:58	09:20

42K ESTAFETA
LAP 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

UNOFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	VIDAATIVARUNNERS		4	03:27:05	168 Km
3163	JOAQUIM MIRANDA		2	32:56	84 Km
3165	PEDRO MIRANDA		1	56:06	42 Km
3164	MANUEL MARTINS		1	29:39	42 Km
14	EDV-VIANATRIL		4	03:34:52	168 Km
3057	Paulo Vilaverde		1	01:01:46	42 Km
3055	André Príncipe		1	01:18:06	42 Km
3056	Paulo Ribeiro		2	30:48	84 Km
15	Aves Runners 5		4	03:36:22	168 Km
3036	Paulo Freitas		1	01:21:34	42 Km
3035	Joaquim Castro		2	29:42	84 Km
3034	Álvaro Pereira		1	59:48	42 Km
16	CR CANDOSO / OS ROTOS		4	03:38:41	168 Km
3169	Luis Miguel Ribeiro		2	30:25	84 Km
3170	Luis Filipe Salgado Oliveira		1	53:52	42 Km
3171	Vitor Simão Machado Pedroso		1	01:29:49	42 Km
17	SALIDA DE LA FRENTE		4	03:40:55	168 Km
3131	Fábio Almeida		2	34:12	84 Km
3132	Paulo Pereira		1	01:19:07	42 Km
3130	Bernardino Martins		1	01:04:45	42 Km
18	ATIB FinaBraga Running		4	03:41:06	168 Km
3019	Gaspar Oliveira		1	01:24:12	42 Km
3021	Nuno Cunha		1	01:02:55	42 Km
3020	Nuno Miguel carvalho		2	30:26	84 Km
19	Fortes a descer		4	03:43:34	168 Km
3059	João Mota		1	01:02:56	42 Km
3060	Paulo Santos		2	28:02	84 Km
3058	Eduardo Nunes		1	01:26:38	42 Km
20	PORTOCARGO RUNNERS 3		4	03:46:23	168 Km
3124	LUIS RIBEIRO		2	30:22	84 Km
3125	MARCO OLIVEIRA		1	01:21:15	42 Km
3126	PAULO FERREIRA		1	01:10:08	42 Km
21	TEAM LANTEMIL		4	03:46:29	168 Km
3150	Miguel Araújo		1	01:05:48	42 Km
3148	Carla Araújo		1	46:55	42 Km
3149	Joaquim Silva		2	00:22	84 Km
22	PMC Team		4	03:47:27	168 Km
3116	Marta Fonseca		1	01:11:37	42 Km
3115	Cristina Oliveira		1	01:20:50	42 Km
3117	Paulo Carvalho		2	34:27	84 Km
23	PORTOCARGO RUNNERS		4	03:52:01	168 Km
3119	MANUELA FARIA		1	01:20:51	42 Km
3120	TANIA BATEIRA		2	00:00	84 Km
3118	ISABEL VIEIRA		1	01:08:45	42 Km
24	# Desnível positivo		4	03:55:19	168 Km
3003	Daniel Cristiano Grenha Fonseca		2	29:59	84 Km
3002	cesar costa		1	01:28:25	42 Km
3001	Catarina Cordeiro Costa		1	01:06:54	42 Km
25	Aves Runners 6		4	03:56:33	168 Km
3039	Helder Costa		1	01:31:33	42 Km
3038	Filipe Pedrosa		1	01:03:00	42 Km
3037	Dinis Soares		2	29:41	84 Km
26	AMIGOS ATLETISMO POVOENSE		4	03:57:35	168 Km
3006	Luis Moreira		2	05:58	84 Km

42K ESTAFETA

LAP 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

UNOFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	3004	Alberto Moreira		1	46:57	42 Km
	3005	José Moreira		1	32:47	42 Km
27		GET OUT OF THE WAY		4	04:05:52	168 Km
	3061	Aas Pinto		1	47:47	42 Km
	3063	Valter Martins		1	00:16	42 Km
	3062	Emanuel Durães		2	01:18:32	84 Km
28		Sporting Clube de Espinho / António Leitão 2		4	04:08:31	168 Km
	3137	Margarida Machado		1	01:14:54	42 Km
	3138	Olga Gomes		1	01:32:37	42 Km
	3136	Júlia Schiavon		2	31:54	84 Km
29		Aves Runners 2		4	04:16:29	168 Km
	3025	Abílio Ferreira		2	22:40	84 Km
	3027	Gabriel Freitas		1	01:11:16	42 Km
	3026	Adélio Castro		1	01:45:13	42 Km
30		HSANTAMARIA		4	04:18:27	168 Km
	3071	PAULA GONÇALVES		1	01:45:10	42 Km
	3070	DANIELA MACHADO		2	30:25	84 Km
	3072	SUSANA PINTO		1	01:13:17	42 Km
31		Aves Runners		4	04:19:47	168 Km
	3022	Cátia Magalhães		1	23:24	42 Km
	3024	Sandra Veloso		2	00:01	84 Km
	3023	Delfina Rompante		1	23:15	42 Km
32		Tugas na Estrada 3		4	04:20:16	168 Km
	3160	Elisabete Rodrigues		2	36:21	84 Km
	3161	Daniel Alves		1	01:00:20	42 Km
	3162	Tiago Sousa		1	01:39:56	42 Km
33		Amigos Atletismo Povoense 2		4	04:22:47	168 Km
	3007	António Pereira		1	01:14:37	42 Km
	3008	Gaspar Machado		1	01:45:10	42 Km
	3009	Jose Fernandes		2	25:35	84 Km
34		OFRunning		4	04:22:55	168 Km
	3105	Agostinho Pacheco		2	27:40	84 Km
	3104	Clara Pacheco		1	01:48:01	42 Km
	3103	10097817		1	01:14:55	42 Km
35		CR Candoso		4	04:23:13	168 Km
	3054	Armando Jesus Freitas Fontão		2	26:38	84 Km
	3052	Alzira Fontes		1	01:16:54	42 Km
	3053	Luísa Guimarães do Lago e Costa Rodrigues		1	01:46:19	42 Km
36		CMI-Montanhismo - Viana Remadores do Lima		4	04:24:03	168 Km
	3050	Ricardo Jorge Moreira Pinto		1	01:07:25	42 Km
	3049	César Augusto Silva Carvalho		1	01:36:39	42 Km
	3051	Valentim da Guia Pereira		2	37:40	84 Km
37		VIDAATIVARUNNERS 2		4	04:26:07	168 Km
	3167	JOANA CORREIA		1	01:48:35	42 Km
	3168	SUSANA SILVA		1	01:15:32	42 Km
	3166	CARLA GONÇALVES		2	26:51	84 Km
38		INVICTA RUNNERS TEAM 2		4	04:28:23	168 Km
	3077	Fernando Pinho		1	01:45:12	42 Km
	3076	António Oliveira		2	25:44	84 Km
	3078	Manuel Ribeiro		1	01:23:11	42 Km
39		Kiquipa		4	04:34:56	168 Km
	3085	Pedro Nuno Oliveira da Silva		2	00:00	84 Km
	3086	Rogério Meireles Ribeiro		1	01:25:24	42 Km
	3087	Rui Manuel Loureiro Neves		1	01:10:47	42 Km

42K ESTAFETA

LAP 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

UNOFFICIAL RESULT

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40	Invicta Runners Team	4	04:37:57		168 Km
	3074 José Beira	1		00:01	42 Km
	3075 Rui Fernando Oliveira de Almeida	1		11:33	42 Km
	3073 António Santos Pereira	2		03:42	84 Km
41	Tugas na estrada 2	4	04:39:34		168 Km
	3158 Ines Gonçalves	1		02:59:34	42 Km
	3159 Tiago Vieira	1		00:00	42 Km
	3157 Edna Queiros	2		36:16	84 Km
42	INVICTA RUNNERS TEAM 4	4	04:42:19		168 Km
	3082 Carla Maria Gil	1		01:18:08	42 Km
	3084 Vítor Vieira	1		01:59:12	42 Km
	3083 Cláudia Marques	2		29:27	84 Km
43	LION RUNNERS - G. D. Leões da Guarda 3	4	04:43:28		168 Km
	3094 Isabel Pinto	1		24:49	42 Km
	3095 Tatiana Silva	2		28:44	84 Km
	3096 Luis Miguel Ferreira	1		02:57:40	42 Km
44	Tugas na Estrada 1	4	04:52:16		168 Km
	3155 Manuel Sa	1		02:46:44	42 Km
	3156 Ricardo Neto	2		36:22	84 Km
	3154 Jorge Gonçalves	1		25:32	42 Km
45	Aves Runners 3	4	04:54:52		168 Km
	3030 Lílíana Ribeiro	1		01:54:42	42 Km
	3028 Ângela Pimenta	1		01:20:10	42 Km
	3029 Célia Sousa	2		36:54	84 Km
46	Canelonis Adventure Sports Team	4	05:16:05		168 Km
	3044 Oriana Moreira	1		01:26:14	42 Km
	3045 Sofia Silva	2		20:51	84 Km
	3043 Georgina Santos	1		02:19:52	42 Km
47	Blue O	3	02:44:55		126 Km
	3042 Sérgio Moreira	2		30:00	84 Km
	3040 Carlos Farinha	1		01:28:55	42 Km
48	SAI DA FRENTE	3	04:00:33		126 Km
	3128 LF ALMEIDA	2		00:00	84 Km
	3129 Paulo Sérgio Almeida	1		01:54:10	42 Km
49	LION RUNNERS - G. D. Leões da Guarda 4	3	04:50:13		126 Km
	3098 José Espírito Santo	1		03:10:13	42 Km
	3099 Mário Soares	2		39:09	84 Km
50	Os Carneiros	2	04:02:09		84 Km
	3111 Tiago André Silva Carneiro	1		49:30	42 Km
	3110 António Ricardo Silva Carneiro	1		03:11:28	42 Km
51	INVICTA RUNNERS TEAM 3	2	04:14:08		84 Km
	3081 Henrique Vítor Vaz Cardoso Marques	1		03:28:23	42 Km
	3080 Helder Vieira	1		45:21	42 Km
52	Asphalt Assault Team 2	1	03:23:10		42 Km
	3017 Paulo Gavina	1		01:01:00	42 Km
	3016 António Vela	0		#Error	0 Km

21K
21 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
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	Time	Temperature	Humidity
Start	09:10	-99°C	-99%
End	13:21	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1065	Diana Sousa	CENTRO CICLISTA DE GONDOMAR	Senior Feminino	01:35:25	+15:17	04:33
2	1362	Sofia Pimenta	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	01:48:31	+28:23	05:10
3	1421	Anita Costa	Royal Wellness Center	Senior Feminino	01:49:59	+29:51	05:14
4	1486	Daniela Soares	UNIDOS À FRESCA	Senior Feminino	01:54:09	+34:01	05:26
5	1138	Ana Claudia Sousa Lobo Ferreira Sereno	Individual	Senior Feminino	01:54:26	+34:18	05:27
6	1054	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	01:56:57	+36:49	05:34
7	1007	Ines Moreira	Royal Wellness Center	Senior Feminino	01:59:10	+39:02	05:40
8	1422	Claudia Moreira	Royal Wellness Center	Senior Feminino	01:59:10	+39:02	05:41
9	1143	Liliana Gomes	Individual	Senior Feminino	01:59:16	+39:08	05:41
10	1058	Natália Pires Amoedo	Carlos Sá Nature Events	Senior Feminino	01:59:47	+39:39	05:42
11	1136	Adriana Pereira Fonseca	Individual	Senior Feminino	01:59:56	+39:48	05:43
12	1503	Ana Filipa Alves Santos	NAST	Senior Feminino	02:01:36	+41:28	05:47
13	1361	Claudia Carcau	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:03:32	+43:24	05:53
14	1416	Joana Magalhães	Rinus Fafe	Senior Feminino	02:04:34	+44:27	05:56
15	1139	Ana Marques	Individual	Senior Feminino	02:05:23	+45:15	05:58
16	1145	Mariana Barbosa	Individual	Senior Feminino	02:09:57	+49:49	06:11
17	1123	Catarina Barbosa	Happy Runners	Senior Feminino	02:13:19	+53:11	06:21
18	1141	Bruna Tatiana Seabra Coelho	Individual	Senior Feminino	02:14:07	+53:59	06:23
19	1153	Vânia Cecilia Moreira de Sousa	Individual	Senior Feminino	02:15:45	+55:37	06:28
20	1061	Maria José Alves	CB RUN	Senior Feminino	02:17:17	+57:09	06:32
21	1126	Ju Sofia Silva Correia	Homem da Lenha Runners	Senior Feminino	02:17:22	+57:14	06:32
22	1150	Sofia Cristina Rodrigues Peixoto	Individual	Senior Feminino	02:19:25	+59:17	06:38
23	1147	Nini	Individual	Senior Feminino	02:20:48	+01:00:41	06:42
24	1006	Elisabete Lopes Mateus	ACR CASAIS DAS BOIÇAS	Senior Feminino	02:22:13	+01:02:05	06:46
25	1436	Manuela Arantes	Saí do Sofá - Amigos a Correr	Senior Feminino	02:24:04	+01:03:56	06:52
26	1149	Sílvia Patrícia Gonçalves Vieira	Individual	Senior Feminino	02:24:15	+01:04:07	06:52
27	1144	Maria Antónia Correia Cunha	Individual	Senior Feminino	02:24:16	+01:04:08	06:52
28	1128	MARTA MARTINS	hSantamariaRT	Senior Feminino	02:24:51	+01:04:43	06:54
29	1104	Mafalda Almeida	Gerês Forever	Senior Feminino	02:24:59	+01:04:51	06:54
30	1433	Claudia Moura	RUNNING PENAFIEL TRAIL	Senior Feminino	02:25:08	+01:05:00	06:55
31	1027	Maria Fernandes	ARCORUN	Senior Feminino	02:25:32	+01:05:24	06:56
32	1096	ANA COELHO	GAIA-RUNNING	Senior Feminino	02:25:49	+01:05:41	06:57
33	1069	Sofia Venade	Cerveira Team Running	Senior Feminino	02:28:49	+01:08:42	07:05
34	1151	Sophie Duarte	Individual	Senior Feminino	02:29:09	+01:09:01	07:06
35	1410	Beatriz Loureiro	Pernetas	Senior Feminino	02:33:02	+01:12:54	07:17
36	1146	Mariana Gomes Marques	Individual	Senior Feminino	02:36:26	+01:16:18	07:27
37	1140	Anna Trostinetkaia	Individual	Senior Feminino	02:44:35	+01:24:27	07:50

Official Timekeeper: Lap2Go	1 / 11	generate 02-Dec-2018 15:30
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21K
21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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38	1012	Sandra Freitas	AfrikanRunners	Senior Feminino	02:46:32	+01:26:24	07:56
39	1021	Maria João Alves Oliveira	AMIGOS ATLETISMO POVOENSE	Senior Feminino	02:53:01	+01:32:53	08:14
40	1020	Ana Maria Gomes Vieira	AMIGOS ATLETISMO POVOENSE	Senior Feminino	02:53:01	+01:32:53	08:14
41	1011	MARIA MOREIRA	AfrikanRunners	Senior Feminino	02:53:25	+01:33:18	08:16
42	1137	Albertina Gonçalves	Individual	Senior Feminino	02:56:01	+01:35:54	08:23
43	1148	Sandrina Cristele Pereira Vieira	Individual	Senior Feminino	02:57:58	+01:37:50	08:28

Senior Masculino

1	1175	Henrique costa	Individual	Senior Masculino	01:20:07		03:49
2	1071	Nuno Fernandes	Clube Atletismo Fafe	Senior Masculino	01:21:33	+01:25	03:53
3	1441	Diogo Fernandes	SIM Summit	Senior Masculino	01:22:00	+01:52	03:54
4	1378	Joel Filipe Alves Pereira	Minho e Lima Trail	Senior Masculino	01:27:01	+06:53	04:09
5	1426	Miguel Neto	Royal Wellness Center	Senior Masculino	01:32:43	+12:36	04:25
6	1060	Francisco Pascual	CASTRO-TRAIL	Senior Masculino	01:34:26	+14:18	04:30
7	1160	Carlos Manuel da Cunha Santos	Individual	Senior Masculino	01:35:17	+15:10	04:32
8	1437	Ricardo Sousa	Saí do Sofá - Amigos a Correr	Senior Masculino	01:37:45	+17:37	04:39
9	1171	Filipe Guerra	Individual	Senior Masculino	01:38:09	+18:01	04:40
10	1405	Helder Silva	PAREDES AVENTURA	Senior Masculino	01:38:34	+18:26	04:42
11	1364	Hugo Machado	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	01:39:06	+18:58	04:43
12	1389	José pinto	Nos Acreditamos	Senior Masculino	01:39:28	+19:20	04:44
13	1221	Rui Sousa	Individual	Senior Masculino	01:42:07	+21:59	04:52
14	1206	Paulo Maia	Individual	Senior Masculino	01:42:33	+22:25	04:53
15	1162	daniel rodrigues	Individual	Senior Masculino	01:43:34	+23:26	04:56
16	1220	Rui Leite	Individual	Senior Masculino	01:44:08	+24:00	04:58
17	1178	João Leal	Individual	Senior Masculino	01:44:10	+24:02	04:58
18	1424	Duarte Cerqueira	Royal Wellness Center	Senior Masculino	01:46:28	+26:21	05:04
19	1201	Nuno Helder da Cruz Simões Silva	Individual	Senior Masculino	01:46:55	+26:47	05:05
20	1498	João Ricardo	vimarunners	Senior Masculino	01:47:20	+27:12	05:07
21	1001	Roberto Garcês	100meta	Senior Masculino	01:47:25	+27:17	05:07
22	1093	Hélder Ribeiro	Focoteam24	Senior Masculino	01:48:12	+28:04	05:09
23	1216	Ricardo Peixoto	Individual	Senior Masculino	01:48:50	+28:42	05:11
24	1358	Pedro Miguel de Ascensão Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	01:48:54	+28:46	05:11
25	1411	Miguel Barros	Pernetas	Senior Masculino	01:49:22	+29:14	05:13
26	1059	Diogo Soares da Costa Almeida	Carlos Sá Nature Events	Senior Masculino	01:49:33	+29:25	05:13
27	1168	Fábio Pereira	Individual	Senior Masculino	01:49:52	+29:44	05:14
28	1082	Ricardo Pinto	éjáli...clube de amigos trailrunners	Senior Masculino	01:50:11	+30:03	05:15
29	1414	Artur Gil	Pes de Chumbo Runners	Senior Masculino	01:50:21	+30:13	05:15
30	1396	Davide Afonsi	Nos Acreditamos	Senior Masculino	01:50:36	+30:29	05:16
31	1202	Nuno Natividade Silva	Individual	Senior Masculino	01:50:53	+30:45	05:17
32	1179	João pereira	Individual	Senior Masculino	01:51:01	+30:54	05:17
33	1388	Fábio silva	Nos Acreditamos	Senior Masculino	01:52:17	+32:09	05:21
34	1353	Diogo Aguiar	Inquipa	Senior Masculino	01:53:21	+33:13	05:24
35	1375	Luís Carvalho	LOUSADA RUNNERS	Senior Masculino	01:53:41	+33:33	05:25
36	1195	Mário Pinto	Individual	Senior Masculino	01:53:53	+33:45	05:25

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

37	1182	Jorge Manuel Pereira Ferreira	Individual	Senior Masculino	01:54:45	+34:37	05:28
38	1207	Paulo Neto	Individual	Senior Masculino	01:54:53	+34:45	05:28
39	1183	Jorge Manuel Sousa Rodrigues Silva	Individual	Senior Masculino	01:55:20	+35:12	05:30
40	1460	António Carlos Tavares de Paiva	TasTolino	Senior Masculino	01:55:50	+35:42	05:31
41	1204	Nuno Sérgio Salgado Fernandes	Individual	Senior Masculino	01:56:07	+35:59	05:32
42	1117	Marco Feteira	Granho Runners	Senior Masculino	01:57:02	+36:54	05:34
43	1196	Mauro Sergio Nunes Pinto	Individual	Senior Masculino	01:57:08	+37:00	05:35
44	1212	Pedro Pereira	Individual	Senior Masculino	01:57:11	+37:03	05:35
45	1036	Mario lima	Aves Runners	Senior Masculino	01:57:19	+37:11	05:35
46	1173	Guilherme Ferreira da Silva	Individual	Senior Masculino	01:57:32	+37:24	05:36
47	1360	Luis Rodrigues	Kiquipa	Senior Masculino	01:58:45	+38:37	05:39
48	1443	William Santos	Spin&Run Esposende	Senior Masculino	01:59:07	+38:59	05:40
49	1066	Valter Gouveia	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:59:17	+39:09	05:41
50	1157	Bruno Manuel Alves Gonçalves	Individual	Senior Masculino	01:59:33	+39:25	05:42
51	1218	Rui Carneiro	Individual	Senior Masculino	01:59:39	+39:31	05:42
52	1043	HÉLDER BARROSO	Braguinhas Runners	Senior Masculino	01:59:51	+39:43	05:42
53	1044	ROBERTO MEIRA	Braguinhas Runners	Senior Masculino	01:59:52	+39:44	05:42
54	1423	Artur Correia	Royal Wellness Center	Senior Masculino	01:59:55	+39:47	05:43
55	1088	Marcos Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:00:15	+40:07	05:44
56	1062	João Oliveira	CB RUN	Senior Masculino	02:01:15	+41:07	05:46
57	1081	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	02:01:41	+41:33	05:48
58	1131	PEDRO GABRIEL	hSantamariaRT	Senior Masculino	02:02:02	+41:54	05:49
59	1132	SÉRGIO RICARDO	hSantamariaRT	Senior Masculino	02:02:02	+41:54	05:49
60	1077	Filipe Oliveira	Don Marco	Senior Masculino	02:02:30	+42:22	05:50
61	1474	Simão Vilaça	TURBULENTOS	Senior Masculino	02:02:33	+42:25	05:50
62	1354	Paulo Nobre	Inquipa	Senior Masculino	02:02:38	+42:30	05:50
63	1463	Sérgio Chacim	Taylors	Senior Masculino	02:02:39	+42:31	05:50
64	1384	Bruno Ferreira	Monte dos Amigos	Senior Masculino	02:02:43	+42:35	05:51
65	1209	Pedro Miguel Martins Barroso de Azevedo	Individual	Senior Masculino	02:02:43	+42:35	05:51
66	1425	Leonel Ferreira	Royal Wellness Center	Senior Masculino	02:02:53	+42:45	05:51
67	1116	João Gaspar	Granho Runners	Senior Masculino	02:02:56	+42:48	05:51
68	1185	JOSE ANTONIO FERNANDEZ NUNEZ	Individual	Senior Masculino	02:03:28	+43:20	05:53
69	1222	Sérgio Silva	Individual	Senior Masculino	02:03:43	+43:36	05:54
70	1172	Flávio Silva	Individual	Senior Masculino	02:03:48	+43:40	05:54
71	1181	Jorge cardoso	Individual	Senior Masculino	02:03:51	+43:43	05:54
72	1177	Hugo Faria	Individual	Senior Masculino	02:04:35	+44:27	05:56
73	1198	Miguel Pais Matos Cunha	Individual	Senior Masculino	02:05:03	+44:55	05:57
74	1087	Paulo Marques	ENEGE EPIS E BORDADOS	Senior Masculino	02:05:38	+45:30	05:59
75	1166	Elson	Individual	Senior Masculino	02:05:55	+45:47	06:00
76	1034	Gabriel Carneiro	Aves Runners	Senior Masculino	02:06:58	+46:50	06:03
77	1224	Tiago Martins	Individual	Senior Masculino	02:07:05	+46:57	06:03
78	1035	Jorge Costa	Aves Runners	Senior Masculino	02:08:00	+47:52	06:06
79	1169	Fernando Costa	Individual	Senior Masculino	02:08:15	+48:07	06:06
80	1365	Miguel Mendes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:08:20	+48:12	06:07

Official Timekeeper: Lap2Go	3 / 11	generate 02-Dec-2018 15:30
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21K
21 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

127	1180	Joaquim Silva	Individual	Senior Masculino	02:38:42	+01:18:34	07:33
128	1013	Rufino Freitas	AfrikanRunners	Senior Masculino	02:46:32	+01:26:24	07:56
129	1203	Nuno Pereira	Individual	Senior Masculino	02:46:35	+01:26:27	07:56
130	1170	Fernando Fernandes	Individual	Senior Masculino	02:54:59	+01:34:51	08:20

Sub 23 Feminino

1	1100	Beatriz Nunes	GDR Juventude das Ribeiras	Sub 23 Feminino	02:45:23	+01:25:15	07:53
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Sub 23 Masculino

1	1017	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	01:37:43	+17:35	04:39
2	1019	João Afonso	Alexandra Carvalho Team	Sub 23 Masculino	01:43:46	+23:38	04:57
3	1380	Bruno da Silva Narciso	Minho e Lima Trail	Sub 23 Masculino	01:50:36	+30:28	05:16

Veterana F40

1	1442	Paula Lage	SIM Summit	Veterana F40	01:40:35	+20:27	04:47
2	1369	Mónica Carvalhais	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	01:52:41	+32:33	05:22
3	1495	Maria Augusta Rosário Silva Roleira Marinho	Viana Running	Veterana F40	01:53:32	+33:24	05:24
4	1487	Artur Ricardo Gaspar Ferreira	UNIDOS À FRESCA	Veterana F40	01:54:09	+34:01	05:26
5	1478	Helena Mendes Oliveira	TURBULENTOS	Veterana F40	01:56:09	+36:02	05:32
6	1471	Fatima Geraldes	TUGAS NA ESTRADA	Veterana F40	01:56:17	+36:09	05:32
7	1494	Juliana Lopes Onuma	Viana Running	Veterana F40	01:59:14	+39:06	05:41
8	1366	Daniela Sarmento	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	01:59:32	+39:24	05:42
9	1418	Cidalia Novais	Rinus Fafe	Veterana F40	02:00:34	+40:26	05:45
10	1452	Maria Lurdes Barbedo	Sucupira F.c	Veterana F40	02:04:42	+44:34	05:56
11	1225	Ana Carolina Lopes Ferreira	Individual	Veterana F40	02:08:09	+48:01	06:06
12	2227	Sandra pereira	Nos Acreditamos	Veterana F40	02:08:36	+48:28	06:07
13	1385	Liseta Fernanda de Sousa Pinto	Moreira Relax Runners	Veterana F40	02:09:49	+49:41	06:11
14	1496	Miosete Silva	Viana Running	Veterana F40	02:11:23	+51:15	06:15
15	1464	Cristina Loureiro	Taylors	Veterana F40	02:11:25	+51:17	06:15
16	1444	Mónica Ferreira	Spin&Run Esposende	Veterana F40	02:13:39	+53:31	06:22
17	1476	Cris Gonçalves	TURBULENTOS	Veterana F40	02:14:23	+54:15	06:24
18	1022	Marcia Vilas Boas Bandeira	Amigos da Montanha	Veterana F40	02:14:35	+54:27	06:25
19	1235	Paula Cristina Pereira Silva	Individual	Veterana F40	02:15:08	+55:00	06:26
20	1045	CECÍLIA COSTA	Braguinhas Runners	Veterana F40	02:15:08	+55:00	06:26
21	1480	Teresa Silva	TURBULENTOS	Veterana F40	02:16:11	+56:04	06:29
22	1004	Diana Carneiro	512	Veterana F40	02:16:45	+56:37	06:31
23	1232	Helena Filipa dos Anjos Malheiro	Individual	Veterana F40	02:17:38	+57:30	06:33
24	1237	Sandra Pereira	Individual	Veterana F40	02:18:59	+58:52	06:37
25	1477	Helena Maria Souto Dias Soares	TURBULENTOS	Veterana F40	02:19:24	+59:16	06:38
26	1459	Mónica Sa	Tartarugas do Asfalto	Veterana F40	02:20:39	+01:00:31	06:42

Official Timekeeper: Lap2Go	5 / 11	generate 02-Dec-2018 15:30
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21K

21 KM

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OFFICIAL RESULT

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27	1479	Marina Leite	TURBULENTOS	Veterana F40	02:21:06	+01:00:58	06:43
28	1108	Mónica Matos	Gerês Forever	Veterana F40	02:21:34	+01:01:26	06:45
29	1029	Sandra Ferreira	ARCORUN	Veterana F40	02:23:30	+01:03:22	06:50
30	1228	Ana Paula Pires Carneiro	Individual	Veterana F40	02:23:52	+01:03:44	06:51
31	1231	Filipa Pimenta	Individual	Veterana F40	02:23:54	+01:03:46	06:51
32	1438	Sónia Pereira	Sai do Sofá - Amigos a Correr	Veterana F40	02:24:05	+01:03:57	06:52
33	1233	Maria dos Anjos Pereira	Individual	Veterana F40	02:24:16	+01:04:08	06:52
34	1367	Dina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	02:24:34	+01:04:26	06:53
35	1370	Susana Luis	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	02:29:43	+01:09:35	07:08
36	1230	Diana Pereira	Individual	Veterana F40	02:30:51	+01:10:43	07:11
37	1002	Manuela Monteiro	100meta	Veterana F40	02:31:51	+01:11:43	07:14
38	1227	Ana Luísa Carvalho	Individual	Veterana F40	02:32:58	+01:12:50	07:17
39	2037	Aurora Silva	Braguinhhas Runners	Veterana F40	02:33:05	+01:12:57	07:17
40	1047	MANUELA MATIAS	Braguinhhas Runners	Veterana F40	02:34:10	+01:14:02	07:20
41	1046	ELIZABETH ORTIZ	Braguinhhas Runners	Veterana F40	02:34:55	+01:14:47	07:23
42	1048	MARIA RIBEIRO	Braguinhhas Runners	Veterana F40	02:36:20	+01:16:12	07:27
43	1475	Alzira Almeida	TURBULENTOS	Veterana F40	02:36:34	+01:16:26	07:27
44	1074	Paula Gualter	Clube Zupper	Veterana F40	02:37:31	+01:17:23	07:30
45	1413	Susana Canhola	Pernetas	Veterana F40	02:39:31	+01:19:23	07:36
46	1226	Ana Catarina Quintas	Individual	Veterana F40	02:40:06	+01:19:58	07:37
47	1236	Sandra Mendes	Individual	Veterana F40	02:40:11	+01:20:03	07:38
48	135	Ana Almeida	Individual	Veterana F40	02:41:13	+01:21:05	07:41
49	136	Cristina Aleixo	Individual	Veterana F40	02:41:26	+01:21:18	07:41
50	1094	Carla Sofia Silva	Freitas	Veterana F40	02:42:37	+01:22:29	07:45
51	1014	Miguela Monteiro	AfrikanRunners	Veterana F40	02:46:32	+01:26:24	07:56
52	1239	Teresa Sofia Dores Sequeiros Reis	Individual	Veterana F40	02:54:38	+01:34:30	08:19
53	1238	Sofia Pinho	Individual	Veterana F40	02:57:23	+01:37:15	08:27

Veterana F50

1	1242	celestete moreira	Individual	Veterana F50	02:00:54	+40:46	05:45
2	1134	Maria Ribeiro	ICARUS RUNNING TEAM	Veterana F50	02:02:43	+42:35	05:51
3	1251	Marinha Fernandes	Individual	Veterana F50	02:03:25	+43:17	05:53
4	1098	ELISABETE REPAS	GAIA-RUNNING	Veterana F50	02:03:28	+43:20	05:53
5	1244	Fatima Santos	Individual	Veterana F50	02:05:41	+45:33	05:59
6	1445	Maria Campos	Spin&Run Esposende	Veterana F50	02:20:35	+01:00:27	06:42
7	1252	Regina Luz	Individual	Veterana F50	02:21:15	+01:01:07	06:44
8	1049	ROSA VAZ	Braguinhhas Runners	Veterana F50	02:24:16	+01:04:08	06:52
9	1249	Maria Luz Almeida	Individual	Veterana F50	02:32:11	+01:12:03	07:15
10	1247	Isabel Veloso	Individual	Veterana F50	02:36:34	+01:16:26	07:27
11	1248	Maria Fátima Marques Ribeiro	Individual	Veterana F50	02:37:31	+01:17:23	07:30
12	1245	Helena Costa	Individual	Veterana F50	02:39:45	+01:19:38	07:36
13	1101	Albina Vieira	GDR Juventude das Ribeiras	Veterana F50	02:45:23	+01:25:15	07:53
14	1243	Cristina Calafate	Individual	Veterana F50	02:48:21	+01:28:13	08:01
15	1468	Graça Silva	TEAM SHARK	Veterana F50	02:48:21	+01:28:13	08:01

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21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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16	1241	Alexandra Palma	Individual	Veterana F50	03:01:42	+01:41:34	08:39
17	1246	Isabel Ucha	Individual	Veterana F50	03:01:42	+01:41:34	08:39

Veterana F60

1	1446	Maria Brás	Spin&Run Esposende	Veterana F60	02:21:21	+01:01:13	06:44
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Veterano M40

1	1309	Paulo pinto	Individual	Veterano M40	01:26:54	+06:47	04:08
2	1270	FERNANDO FIGUEIREDO	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:27:19	+07:11	04:09
3	1382	Luis Magalhães	Minho e Lima Trail	Veterano M40	01:27:21	+07:13	04:10
4	1091	Eduardo Lemos	FISIOVERALEMOS	Veterano M40	01:33:33	+13:25	04:27
5	1391	Fernando Carvalho	Nos Acreditamos	Veterano M40	01:34:59	+14:51	04:31
6	1092	Gualter Freitas	FISIOVERALEMOS	Veterano M40	01:35:05	+14:57	04:32
7	1406	Joao Machado	PAREDES AVENTURA	Veterano M40	01:35:16	+15:09	04:32
8	1407	Paulo Silva	PAREDES AVENTURA	Veterano M40	01:35:39	+15:31	04:33
9	1420	RUI TAVARES	RIPOLINS GRIJÓ A CORRER	Veterano M40	01:36:18	+16:10	04:35
10	1381	António Francisco Dantas Barbosa	Minho e Lima Trail	Veterano M40	01:39:02	+18:54	04:43
11	1278	Joao Correia	Individual	Veterano M40	01:39:52	+19:44	04:45
12	1283	JOAQUIN MENO BARJA	Individual	Veterano M40	01:39:54	+19:46	04:45
13	1282	Joaquin Dibuja Barreiros	Individual	Veterano M40	01:41:06	+20:58	04:49
14	1287	José Manuel Cruz Santos	Individual	Veterano M40	01:41:30	+21:23	04:50
15	1055	Pedro Conde	BYL - Beat Your Limite	Veterano M40	01:41:56	+21:49	04:51
16	1267	Diogo João	Individual	Veterano M40	01:42:32	+22:25	04:53
17	1356	Joao Oliveira	Juventude Cortegacense	Veterano M40	01:43:38	+23:30	04:56
18	1067	António Jesus	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:43:47	+23:39	04:57
19	1030	Carlos Manuel Pereira do Couto	ARCORUN	Veterano M40	01:43:47	+23:39	04:57
20	1112	Adérito Pires	GINÁSIO CLUBE DE BRAGANÇA	Veterano M40	01:44:20	+24:12	04:58
21	1288	José Manuel da Silva Gomes	Individual	Veterano M40	01:44:28	+24:20	04:59
22	1303	Octávio Oliveira	Individual	Veterano M40	01:46:17	+26:09	05:04
23	1272	Francisco Rebelo	Individual	Veterano M40	01:46:56	+26:48	05:06
24	1292	Manuel Teixeira	Individual	Veterano M40	01:47:29	+27:21	05:07
25	1075	Jose duarte	Coronado runners	Veterano M40	01:47:56	+27:48	05:08
26	1386	António Pedro Macedo de Sousa Coelho	Moreira Relax Runners	Veterano M40	01:47:58	+27:50	05:09
27	1281	João Vieira	Individual	Veterano M40	01:48:44	+28:37	05:11
28	1102	Armando Moreira	GDR Juventude das Ribeiras	Veterano M40	01:49:10	+29:02	05:12
29	1472	Ricardo Silva	TUGAS NA ESTRADA	Veterano M40	01:49:54	+29:47	05:14
30	1415	Antonio jose vilaça martins	Pes de Chumbo Runners	Veterano M40	01:51:03	+30:55	05:17
31	1439	Nuno Jaime	Saí do Sofá - Amigos a Correr	Veterano M40	01:51:23	+31:15	05:18
32	1299	Miguel Oliveira	Individual	Veterano M40	01:51:56	+31:48	05:20
33	1403	domingos peixoto	Palmeira Runners	Veterano M40	01:52:00	+31:52	05:20
34	1080	Luís Nuno Gonçalves de Oliveira	Dumiense Xallenge Runners	Veterano M40	01:52:00	+31:52	05:20

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OFFICIAL RESULT

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81	1277	João Carlos Rocha Augusto	Individual	Veterano M40	02:07:42	+47:34	06:05
82	1039	José Augusto Costa	Bracara Genus	Veterano M40	02:08:17	+48:09	06:07
83	1280	João Paulo Costa Dias	Individual	Veterano M40	02:09:20	+49:12	06:10
84	1453	Hélder Monteiro	SucupiraF.c	Veterano M40	02:09:35	+49:27	06:10
85	1289	José Maria Rodrigues	Individual	Veterano M40	02:09:36	+49:28	06:10
86	1064	Diogo Barros	CB RUN	Veterano M40	02:10:03	+49:55	06:12
87	1318	Victor Manuel	Individual	Veterano M40	02:10:17	+50:09	06:12
88	30	Luís Terêncio	ASPHALT ASSAULT TEAM	Veterano M40	02:10:55	+50:47	06:14
89	1293	Manuel Coelho Carvalho	Individual	Veterano M40	02:11:21	+51:13	06:15
90	1291	Luís Rocha	Individual	Veterano M40	02:11:33	+51:25	06:16
91	1296	Mário Silva	Individual	Veterano M40	02:12:10	+52:02	06:18
92	1042	Ulisses Lopes	Bracara Genus	Veterano M40	02:13:19	+53:11	06:21
93	1295	Mário Duarte Pereira	Individual	Veterano M40	02:13:42	+53:34	06:22
94	1072	Pedro Oliveira	Clube Galp	Veterano M40	02:13:43	+53:35	06:22
95	1114	Celso Mota	GONDOMAR FUTSAL CLUBE	Veterano M40	02:13:47	+53:39	06:22
96	1455	Ricardo Maia	SucupiraF.c	Veterano M40	02:14:08	+54:00	06:23
97	1387	Manuel Gomes	MSS CONTABILIDADE	Veterano M40	02:14:17	+54:09	06:24
98	1294	Manuel Correia	Individual	Veterano M40	02:14:36	+54:28	06:25
99	1398	Rui Edgar Da Silva Santos	Os Falta D'Ar	Veterano M40	02:17:17	+57:09	06:32
100	1127	Pedro Bogas	Homem da Lenha Runners	Veterano M40	02:17:22	+57:14	06:32
101	1399	Rui Manuel Oliveira Teixeira	Os Falta D'Ar	Veterano M40	02:17:23	+57:15	06:33
102	1286	jose luis gonçalves mateus	Individual	Veterano M40	02:18:59	+58:51	06:37
103	1454	Henrique Barbedo	SucupiraF.c	Veterano M40	02:20:23	+01:00:15	06:41
104	1506	Eduardo Sardo	Individual	Veterano M40	02:20:27	+01:00:19	06:41
105	1264	David Barreira	Individual	Veterano M40	02:20:35	+01:00:27	06:42
106	1266	Dias Paul	Individual	Veterano M40	02:21:12	+01:01:04	06:43
107	1428	Roger	Run for Fun	Veterano M40	02:21:37	+01:01:29	06:45
108	1419	vtor gabriel marinho alves	Rinus Fafe	Veterano M40	02:21:47	+01:01:39	06:45
109	1285	Jorge Ferreira	Individual	Veterano M40	02:22:32	+01:02:24	06:47
110	1254	Agostinho Reis Queiroz	Individual	Veterano M40	02:22:33	+01:02:25	06:47
111	1032	Paulo Reis	ARCORUN	Veterano M40	02:23:30	+01:03:22	06:50
112	1284	Jorge cunha	Individual	Veterano M40	02:25:35	+01:05:27	06:56
113	1031	Jorge Leite	ARCORUN	Veterano M40	02:25:42	+01:05:34	06:56
114	1457	Hélder Castro	SucupiraF.c.	Veterano M40	02:25:50	+01:05:42	06:57
115	1434	Nuno Bastos	S. S. MONTEPIO	Veterano M40	02:26:30	+01:06:22	06:59
116	1408	Pedro Santos	Pari Passu	Veterano M40	02:26:40	+01:06:32	06:59
117	1435	Ricardo Silva	S. S. MONTEPIO	Veterano M40	02:26:52	+01:06:44	07:00
118	1301	Nelson Santos	Individual	Veterano M40	02:27:30	+01:07:22	07:01
119	1316	Rui Pereira	Individual	Veterano M40	02:28:04	+01:07:56	07:03
120	1023	José Carlos Araújo	Amigos da Montanha	Veterano M40	02:31:16	+01:11:08	07:12
121	1276	Joao Antunes	Individual	Veterano M40	02:32:42	+01:12:34	07:16
122	1110	Ricardo Silva	Gerês Forever	Veterano M40	02:32:59	+01:12:51	07:17
123	1052	VITOR COSTA	Braguinhas Runners	Veterano M40	02:33:05	+01:12:57	07:17
124	1319	Vitor Manuel Fonseca	Individual	Veterano M40	02:36:10	+01:16:02	07:26
125	1050	AMÉRICO IMPERADEIRO	Braguinhas Runners	Veterano M40	02:36:21	+01:16:13	07:27
126	1308	Paulo Marques	Individual	Veterano M40	02:36:27	+01:16:19	07:27

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21 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

127	1084	João Nuno Correia Pinto Belchior	Elite do Atletismo Nortenho	Veterano M40	02:36:45	+01:16:37	07:28
128	1085	Manuel José Teixeira Pereira	Elite do Atletismo Nortenho	Veterano M40	02:36:46	+01:16:38	07:28
129	1302	Nuno Fonseca	Individual	Veterano M40	02:37:22	+01:17:15	07:30
130	1260	Carlos Lopes	Individual	Veterano M40	02:37:23	+01:17:15	07:30
131	1257	António Figueiredo	Individual	Veterano M40	02:38:33	+01:18:25	07:33
132	1125	Oliveira Amaro	Happy Runners	Veterano M40	02:39:36	+01:19:28	07:36
133	1119	RAFAEL BRONZE	Grupo Maravilha	Veterano M40	02:43:37	+01:23:29	07:48
134	1016	Ricardo Fernandes	AfrikanRunners	Veterano M40	02:53:27	+01:33:19	08:16
135	1109	Carlos Morais	Gerês Forever	Veterano M40	02:59:49	+01:39:41	08:34

Veterano M50

1	1336	Paulo Reis	Individual	Veterano M50	01:27:18	+07:10	04:09
2	1395	Fransico Lemos	Nos Acreditamos	Veterano M50	01:39:54	+19:46	04:45
3	1357	Ernesto Marques Alves	Juventude Cortegacense	Veterano M50	01:40:57	+20:49	04:48
4	1068	Angelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:43:47	+23:39	04:57
5	1484	Carlos Manuel Fernandes	TURBULENTOS	Veterano M50	01:44:33	+24:25	04:59
6	1393	António pereira	Nos Acreditamos	Veterano M50	01:45:26	+25:19	05:01
7	1335	Oscar Cruz Pazo	Individual	Veterano M50	01:47:07	+26:59	05:06
8	1377	Jorge Fonseca	LOUSADA RUNNERS	Veterano M50	01:47:42	+27:34	05:08
9	1449	Alexandre Santos	SS CGD	Veterano M50	01:48:33	+28:25	05:10
10	1135	MANUEL ALVES	ICARUS RUNNING TEAM	Veterano M50	01:49:17	+29:09	05:12
11	1334	Nuno Rodrigues	Individual	Veterano M50	01:54:06	+33:58	05:26
12	1394	Fernando silva	Nos Acreditamos	Veterano M50	01:55:52	+35:44	05:31
13	1343	Rui Pereira	Individual	Veterano M50	01:56:08	+36:00	05:32
14	1330	José Gonçalves	Individual	Veterano M50	01:57:06	+36:58	05:35
15	1338	Raul Macedo	Individual	Veterano M50	01:59:37	+39:29	05:42
16	1339	Ricardo Figueiredo	Individual	Veterano M50	01:59:45	+39:37	05:42
17	1053	ALBERTO TORRES	Braguinhass Runners	Veterano M50	01:59:52	+39:44	05:43
18	1497	Miguel Oliveira	VIDAATIVARUNNERS	Veterano M50	02:01:21	+41:13	05:47
19	1083	Mateus Silva	éjáli...clube de amigos trailrunners	Veterano M50	02:01:41	+41:33	05:48
20	1103	Domingos Vieira	GDR Juventude das Ribeiras	Veterano M50	02:02:22	+42:14	05:50
21	1372	Ernesto Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:03:50	+43:42	05:54
22	1501	António Tomás Kirsch Belo Ferreira	All-about	Veterano M50	02:03:58	+43:50	05:54
23	1345	Vitor Manuel Alves Fernandes	Individual	Veterano M50	02:05:04	+44:56	05:57
24	1342	Rui Manuel Teixeira Coelho	Individual	Veterano M50	02:05:22	+45:14	05:58
25	1448	RAMIRO BATISTA	Spin&Run Esposende	Veterano M50	02:09:35	+49:27	06:10
26	1340	Rui Barroso	Individual	Veterano M50	02:10:05	+49:57	06:12
27	1323	António Carvalho Ferreira	Individual	Veterano M50	02:10:09	+50:01	06:12
28	1325	Artur Silva	Individual	Veterano M50	02:12:31	+52:23	06:19
29	1483	Artur Silva	TURBULENTOS	Veterano M50	02:12:52	+52:44	06:20
30	1324	António Santos	Individual	Veterano M50	02:12:52	+52:44	06:20
31	1329	José Augusto Baptista Pinto	Individual	Veterano M50	02:13:35	+53:27	06:22
32	1321	Alberto Rego	Individual	Veterano M50	02:14:24	+54:16	06:24
33	1332	Manuel Coutinho Machado	Individual	Veterano M50	02:16:01	+55:53	06:29

21K - STAGE 1**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:10	-99°C	-99%
End	13:21	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1175	Henrique costa	individual	Senior Masculino	01:20:07		03:49
2	1071	Nuno Fernandes	clube atletismo fafe	Senior Masculino	01:21:33	+01:25	03:53
3	1441	Diogo Fernandes	sim summit	Senior Masculino	01:22:00	+01:52	03:54
4	1309	Paulo pinto	individual	Veterano M40	01:26:54	+06:47	04:08
5	1378	Joel Filipe Alves Pereira	minho e lima trail	Senior Masculino	01:27:01	+06:53	04:09
6	1336	Paulo Reis	individual	Veterano M50	01:27:18	+07:10	04:09
7	1270	FERNANDO FIGUEIREDO	centro ciclista de gondomar	Veterano M40	01:27:19	+07:11	04:09
8	1382	Luis Magalhães	minho e lima trail	Veterano M40	01:27:21	+07:13	04:10
9	1426	Miguel Neto	royal wellness center	Senior Masculino	01:32:43	+12:36	04:25
10	1091	Eduardo Lemos	fisioveralemos	Veterano M40	01:33:33	+13:25	04:27
11	1060	Francisco Pascual	castro-trail	Senior Masculino	01:34:26	+14:18	04:30
12	1391	Fernando Carvalho	nos acreditamos	Veterano M40	01:34:59	+14:51	04:31
13	1092	Gualter Freitas	fisioveralemos	Veterano M40	01:35:05	+14:57	04:32
14	1406	Joao Machado	paredes aventura	Veterano M40	01:35:16	+15:09	04:32
15	1160	Carlos Manuel da Cunha Santos	individual	Senior Masculino	01:35:17	+15:10	04:32
16	1065	Diana Sousa	centro ciclista de gondomar	Senior Feminino	01:35:25	+15:17	04:33
17	1407	Paulo Silva	paredes aventura	Veterano M40	01:35:39	+15:31	04:33
18	1420	RUI TAVARES	ripolins grijó a correr	Veterano M40	01:36:18	+16:10	04:35
19	1017	Rui Araújo	águias de alvelos	Sub 23 Masculino	01:37:43	+17:35	04:39
20	1437	Ricardo Sousa	saí do sofá - amigos a correr	Senior Masculino	01:37:45	+17:37	04:39
21	1171	Filipe Guerra	individual	Senior Masculino	01:38:09	+18:01	04:40
22	1405	Helder Silva	paredes aventura	Senior Masculino	01:38:34	+18:26	04:42
23	1381	António Francisco Dantas Barbosa	minho e lima trail	Veterano M40	01:39:02	+18:54	04:43
24	1364	Hugo Machado	lion runners - g. d. leões da guarda	Senior Masculino	01:39:06	+18:58	04:43
25	1389	José pinto	nos acreditamos	Senior Masculino	01:39:28	+19:20	04:44
26	1278	Joao Correia	individual	Veterano M40	01:39:52	+19:44	04:45
27	1395	Fransico Lemos	nos acreditamos	Veterano M50	01:39:54	+19:46	04:45
28	1283	JOAQUIN MENO BARJA	individual	Veterano M40	01:39:54	+19:46	04:45
29	1442	Paula Lage	sim summit	Veterana F40	01:40:35	+20:27	04:47
30	1357	Ernesto Marques Alves	juventude cortegacense	Veterano M50	01:40:57	+20:49	04:48
31	1282	Joaquin Dibuja Barreiros	individual	Veterano M40	01:41:06	+20:58	04:49
32	1287	José Manuel Cruz Santos	individual	Veterano M40	01:41:30	+21:23	04:50
33	1055	Pedro Conde	byl - beat your limite	Veterano M40	01:41:56	+21:49	04:51
34	1221	Rui Sousa	individual	Senior Masculino	01:42:07	+21:59	04:52
35	1267	Diogo João	individual	Veterano M40	01:42:32	+22:25	04:53
36	1206	Paulo Maia	individual	Senior Masculino	01:42:33	+22:25	04:53
37	1162	daniel rodrigues	individual	Senior Masculino	01:43:34	+23:26	04:56
38	1356	Joao Oliveira	juventude cortegacense	Veterano M40	01:43:38	+23:30	04:56
39	1019	João Afonso	alexandra carvalho team	Sub 23 Masculino	01:43:46	+23:38	04:57
40	1067	António Jesus	centro ciclista de gondomar	Veterano M40	01:43:47	+23:39	04:57

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	1439	Nuno Jaime	saí do sofá - amigos a correr	Veterano M40	01:51:23	+31:15	05:18
84	1299	Miguel Oliveira	individual	Veterano M40	01:51:56	+31:48	05:20
85	1403	domingos peixoto	palmeira runners	Veterano M40	01:52:00	+31:52	05:20
86	1080	Luís Nuno Gonçalves de Oliveira	dumiense xallenge runners	Veterano M40	01:52:00	+31:52	05:20
87	1388	Fábio silva	nos acreditamos	Senior Masculino	01:52:17	+32:09	05:21
88	1274	Ivo Manuel Cruz Pereira	individual	Veterano M40	01:52:17	+32:09	05:21
89	1369	Mónica Carvalhais	lion runners - g. d. leões da guarda	Veterana F40	01:52:41	+32:33	05:22
90	1313	Ricardo Silva	individual	Veterano M40	01:52:46	+32:38	05:22
91	1353	Diogo Aguiar	inquipa	Senior Masculino	01:53:21	+33:13	05:24
92	1495	Maria Augusta Rosário Silva Roleira Marinho	viana running	Veterana F40	01:53:32	+33:24	05:24
93	1375	Luís Carvalho	lousada runners	Senior Masculino	01:53:41	+33:33	05:25
94	1195	Mário Pinto	individual	Senior Masculino	01:53:53	+33:45	05:25
95	1334	Nuno Rodrigues	individual	Veterano M50	01:54:06	+33:58	05:26
96	1486	Daniela Soares	unidos à fresca	Senior Feminino	01:54:09	+34:01	05:26
97	1487	Artur Ricardo Gaspar Ferreira	unidos à fresca	Veterana F40	01:54:09	+34:01	05:26
98	1138	Ana Claudia Sousa Lobo Ferreira Sereno	individual	Senior Feminino	01:54:26	+34:18	05:27
99	1298	Miguel Gonçalves	individual	Veterano M40	01:54:27	+34:19	05:27
100	1182	Jorge Manuel Pereira Ferreira	individual	Senior Masculino	01:54:45	+34:37	05:28
101	1432	julio costa	runing salgueiros	Veterano M40	01:54:51	+34:43	05:28
102	1207	Paulo Neto	individual	Senior Masculino	01:54:53	+34:45	05:28
103	1490	Nelson Machado	unidos à fresca	Veterano M40	01:55:00	+34:52	05:29
104	1183	Jorge Manuel Sousa Rodrigues Silva	individual	Senior Masculino	01:55:20	+35:12	05:30
105	1460	António Carlos Tavares de Paiva	tastolinho	Senior Masculino	01:55:50	+35:42	05:31
106	1394	Fernando silva	nos acreditamos	Veterano M50	01:55:52	+35:44	05:31
107	1268	Eliseu leite	individual	Veterano M40	01:55:57	+35:49	05:31
108	1504	Paulo Rogerio Costa Oliveira	pes de chumbo runners	Veterano M40	01:56:00	+35:52	05:31
109	1204	Nuno Sérgio Salgado Fernandes	individual	Senior Masculino	01:56:07	+35:59	05:32
110	1343	Rui Pereira	individual	Veterano M50	01:56:08	+36:00	05:32
111	1478	Helena Mendes Oliveira	turbulentos	Veterana F40	01:56:09	+36:02	05:32
112	1471	Fatima Geraledes	tugas na estrada	Veterana F40	01:56:17	+36:09	05:32
113	1265	David Sora	individual	Veterano M40	01:56:21	+36:13	05:32
114	1440	Paulo Marques	saí do sofá - amigos a correr	Veterano M40	01:56:49	+36:41	05:34
115	1054	Ana Sousa	budeguita runners	Senior Feminino	01:56:57	+36:49	05:34
116	1117	Marco Feteira	granho runners	Senior Masculino	01:57:02	+36:54	05:34
117	1330	José Gonçalves	individual	Veterano M50	01:57:06	+36:58	05:35
118	1196	Mauro Sergio Nunes Pinto	individual	Senior Masculino	01:57:08	+37:00	05:35
119	1212	Pedro Pereira	individual	Senior Masculino	01:57:11	+37:03	05:35
120	1036	Mario lima	aves runners	Senior Masculino	01:57:19	+37:11	05:35
121	1015	Nelson Nunes	afrikanrunners	Veterano M40	01:57:23	+37:15	05:35
122	1307	Paulo Jorge Pires Cação	individual	Veterano M40	01:57:30	+37:22	05:36
123	1173	Guilherme Ferreira da Silva	individual	Senior Masculino	01:57:32	+37:24	05:36
124	1469	Jorge Pires	trail team montaria	Veterano M40	01:58:34	+38:26	05:39

21K - STAGE 1
21 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
125	1360	Luis Rodrigues	kiquipa	Senior Masculino	01:58:45	+38:37	05:39
126	1038	Pedro Marques	borabora, vamos lá!	Veterano M40	01:58:53	+38:45	05:40
127	1492	Ricardo Osório	unidos à fresca	Veterano M60	01:58:54	+38:46	05:40
128	1491	Paulo Osório	unidos à fresca	Veterano M40	01:58:55	+38:47	05:40
129	1443	William Santos	spin&run esposende	Senior Masculino	01:59:07	+38:59	05:40
130	1304	Paulo Daniel Duarte	individual	Veterano M40	01:59:07	+38:59	05:40
131	1275	JAVIER PEREZ ALONSO	individual	Veterano M40	01:59:08	+39:00	05:40
132	1007	Ines Moreira	royal wellness center	Senior Feminino	01:59:10	+39:02	05:40
133	1422	Claudia Moreira	royal wellness center	Senior Feminino	01:59:10	+39:02	05:41
134	1494	Juliana Lopes Onuma	viana running	Veterana F40	01:59:14	+39:06	05:41
135	1143	Liliana Gomes	individual	Senior Feminino	01:59:16	+39:08	05:41
136	1066	Valter Gouveia	centro ciclista de gondomar	Senior Masculino	01:59:17	+39:09	05:41
137	1253	Adriano Silva	individual	Veterano M40	01:59:30	+39:22	05:41
138	1366	Daniela Sarmento	lion runners - g. d. leões da guarda	Veterana F40	01:59:32	+39:24	05:42
139	1157	Bruno Manuel Alves Gonçalves	individual	Senior Masculino	01:59:33	+39:25	05:42
140	1338	Raul Macedo	individual	Veterano M50	01:59:37	+39:29	05:42
141	1218	Rui Carneiro	individual	Senior Masculino	01:59:39	+39:31	05:42
142	1339	Ricardo Figueiredo	individual	Veterano M50	01:59:45	+39:37	05:42
143	1058	Natália Pires Amoedo	carlos sá nature events	Senior Feminino	01:59:47	+39:39	05:42
144	1312	Ricardo barroso	individual	Veterano M40	01:59:49	+39:41	05:42
145	1043	HÉLDER BARROSO	braguinhas runners	Senior Masculino	01:59:51	+39:43	05:42
146	1044	ROBERTO MEIRA	braguinhas runners	Senior Masculino	01:59:52	+39:44	05:42
147	1051	PAULO FERNANDES	braguinhas runners	Veterano M40	01:59:52	+39:44	05:42
148	1053	ALBERTO TORRES	braguinhas runners	Veterano M50	01:59:52	+39:44	05:43
149	1482	Vitor Pacheco	turbulentos	Veterano M40	01:59:55	+39:47	05:43
150	1423	Artur Correia	royal wellness center	Senior Masculino	01:59:55	+39:47	05:43
151	1427	Lucas Morgado	royal wellness center	Veterano M40	01:59:55	+39:47	05:43
152	1136	Adriana Pereira Fonseca	individual	Senior Feminino	01:59:56	+39:48	05:43
153	1088	Marcos Santos	factor x / s4l / medense fc	Senior Masculino	02:00:15	+40:07	05:44
154	1306	Paulo Jorge Gonçalves Azevedo	individual	Veterano M40	02:00:28	+40:20	05:44
155	1418	Cidalia Novais	rinus fafe	Veterana F40	02:00:34	+40:26	05:45
156	1242	celeste moreira	individual	Veterana F50	02:00:54	+40:46	05:45
157	1062	João Oliveira	cb run	Senior Masculino	02:01:15	+41:07	05:46
158	1497	Miguel Oliveira	vidaativarunners	Veterano M50	02:01:21	+41:13	05:47
159	1503	Ana Filipa Alves Santos	nast	Senior Feminino	02:01:36	+41:28	05:47
160	1397	Jorge Augusto Oliveira Guerra	os falta d'ar	Veterano M40	02:01:38	+41:30	05:48
161	1297	Miguel Alexandre mendes Brarata Oliveira da Silva	individual	Veterano M40	02:01:40	+41:32	05:48
162	1262	Daniel Luís Madeira Casteleira	individual	Veterano M40	02:01:40	+41:32	05:48
163	1081	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	02:01:41	+41:33	05:48
164	1083	Mateus Silva	éjáli...clube de amigos trailrunners	Veterano M50	02:01:41	+41:33	05:48
165	1355	Hélder Fernandes da Rocha	juventude cortegacense	Veterano M40	02:01:52	+41:44	05:48
166	1009	Alexandre Moreira	admarco 09 trail running	Veterano M40	02:01:53	+41:45	05:48
167	1133	paulo freitas	hsantamariart	Veterano M40	02:02:02	+41:54	05:49
168	1131	PEDRO GABRIEL	hsantamariart	Senior Masculino	02:02:02	+41:54	05:49
169	1132	SÉRGIO RICARDO	hsantamariart	Senior Masculino	02:02:02	+41:54	05:49

21K - STAGE 1
21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
256	1325	Artur Silva	individual	Veterano M50	02:12:31	+52:23	06:19
257	1483	Artur Silva	turbulentos	Veterano M50	02:12:52	+52:44	06:20
258	1324	António Santos	individual	Veterano M50	02:12:52	+52:44	06:20
259	1123	Catarina Barbosa	happy runners	Senior Feminino	02:13:19	+53:11	06:21
260	1042	Ulisses Lopes	bracara genus	Veterano M40	02:13:19	+53:11	06:21
261	1329	José Augusto Baptista Pinto	individual	Veterano M50	02:13:35	+53:27	06:22
262	1444	Mónica Ferreira	spin&run esposende	Veterana F40	02:13:39	+53:31	06:22
263	1295	Mário Duarte Pereira	individual	Veterano M40	02:13:42	+53:34	06:22
264	1072	Pedro Oliveira	clube galp	Veterano M40	02:13:43	+53:35	06:22
265	1114	Celso Mota	gondomar futsal clube	Veterano M40	02:13:47	+53:39	06:22
266	1141	Bruna Tatiana Seabra Coelho	individual	Senior Feminino	02:14:07	+53:59	06:23
267	1455	Ricardo Maia	sucupiraf.c	Veterano M40	02:14:08	+54:00	06:23
268	1086	Diogo Pereira	enege epis e bordados	Senior Masculino	02:14:10	+54:02	06:23
269	1387	Manuel Gomes	mss contabilidade	Veterano M40	02:14:17	+54:09	06:24
270	1210	Pedro Neves	individual	Senior Masculino	02:14:23	+54:15	06:24
271	1476	Cris Gonçalves	turbulentos	Veterana F40	02:14:23	+54:15	06:24
272	1321	Alberto Rego	individual	Veterano M50	02:14:24	+54:16	06:24
273	1022	Marcia Vilas Boas Bandeira	amigos da montanha	Veterana F40	02:14:35	+54:27	06:25
274	1294	Manuel Correia	individual	Veterano M40	02:14:36	+54:28	06:25
275	1235	Paula Cristina Pereira Silva	individual	Veterana F40	02:15:08	+55:00	06:26
276	1045	CECÍLIA COSTA	braguinhas runners	Veterana F40	02:15:08	+55:00	06:26
277	1153	Vânia Cecília Moreira de Sousa	individual	Senior Feminino	02:15:45	+55:37	06:28
278	1332	Manuel Coutinho Machado	individual	Veterano M50	02:16:01	+55:53	06:29
279	1322	Americo José Coutinho machado	individual	Veterano M50	02:16:01	+55:53	06:29
280	1480	Teresa Silva	turbulentos	Veterana F40	02:16:11	+56:04	06:29
281	1003	Daniel Machado	512	Senior Masculino	02:16:45	+56:37	06:31
282	1004	Diana Carneiro	512	Veterana F40	02:16:45	+56:37	06:31
283	1193	Marco Costa	individual	Senior Masculino	02:16:49	+56:41	06:31
284	1186	José Freitas	individual	Senior Masculino	02:17:02	+56:54	06:32
285	1431	André Martins	runcicla	Senior Masculino	02:17:02	+56:54	06:32
286	1462	Rui Pinto	taylors	Senior Masculino	02:17:02	+56:54	06:32
287	1057	Miguel Martins	caav/trail	Senior Masculino	02:17:02	+56:54	06:32
288	1349	José Carlos Pereira Gomes	individual	Veterano M60	02:17:12	+57:04	06:32
289	1061	Maria José Alves	cb run	Senior Feminino	02:17:17	+57:09	06:32
290	1398	Rui Edgar Da Silva Santos	os falta d'ar	Veterano M40	02:17:17	+57:09	06:32
291	1127	Pedro Bogas	homem da lenha runners	Veterano M40	02:17:22	+57:14	06:32
292	1126	Ju Sofia Silva Correia	homem da lenha runners	Senior Feminino	02:17:22	+57:14	06:32
293	1399	Rui Manuel Oliveira Teixeira	os falta d'ar	Veterano M40	02:17:23	+57:15	06:33
294	1383	Firmino Mendes	montanha clube trailrunning/efapel	Veterano M50	02:17:34	+57:26	06:33
295	1130	JORGE MOREIRA	hsantamariart	Senior Masculino	02:17:34	+57:26	06:33
296	1232	Helena Filipa dos Anjos Malheiro	individual	Veterana F40	02:17:38	+57:30	06:33
297	1328	ELISEU MARTINS DE SOUSA E SILVA	individual	Veterano M50	02:18:22	+58:14	06:35
298	1500	João Monteiro	individual	Senior Masculino	02:18:46	+58:38	06:36

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
342	1049	ROSA VAZ	braguinhas runners	Veterana F50	02:24:16	+01:04:08	06:52
343	1144	Maria Antónia Correia Cunha	individual	Senior Feminino	02:24:16	+01:04:08	06:52
344	1106	Nuno Serrão	gerês forever	Senior Masculino	02:24:18	+01:04:10	06:52
345	1107	Rui Brito	gerês forever	Senior Masculino	02:24:23	+01:04:15	06:53
346	1163	David Queiroz	individual	Senior Masculino	02:24:27	+01:04:19	06:53
347	1367	Dina Gonçalves	lion runners - g. d. leões da guarda	Veterana F40	02:24:34	+01:04:26	06:53
348	1331	Luis Loureiro	individual	Veterano M50	02:24:34	+01:04:26	06:53
349	1128	MARTA MARTINS	hsantamariart	Senior Feminino	02:24:51	+01:04:43	06:54
350	1105	Bruno Pereira	gerês forever	Senior Masculino	02:24:59	+01:04:51	06:54
351	1104	Mafalda Almeida	gerês forever	Senior Feminino	02:24:59	+01:04:51	06:54
352	1433	Claudia Moura	running penafiel trail	Senior Feminino	02:25:08	+01:05:00	06:55
353	1188	Lourenço de Sousa	individual	Senior Masculino	02:25:31	+01:05:23	06:56
354	1027	Maria Fernandes	arcorun	Senior Feminino	02:25:32	+01:05:24	06:56
355	1028	Nuno Fernandes	arcorun	Senior Masculino	02:25:32	+01:05:24	06:56
356	1284	Jorge cunha	individual	Veterano M40	02:25:35	+01:05:27	06:56
357	1031	Jorge Leite	arcorun	Veterano M40	02:25:42	+01:05:34	06:56
358	1096	ANA COELHO	gaia-running	Senior Feminino	02:25:49	+01:05:41	06:57
359	1457	Hélder Castro	sucupiraf.c.	Veterano M40	02:25:50	+01:05:42	06:57
360	1434	Nuno Bastos	s. s. montepio	Veterano M40	02:26:30	+01:06:22	06:59
361	1099	Tiago Jorge Mendes Dolores Ferreira	gang do oeste	Senior Masculino	02:26:32	+01:06:24	06:59
362	1408	Pedro Santos	pari passu	Veterano M40	02:26:40	+01:06:32	06:59
363	1409	Paulo Macedo	pari passu	Veterano M50	02:26:41	+01:06:33	06:59
364	1435	Ricardo Silva	s. s. montepio	Veterano M40	02:26:52	+01:06:44	07:00
365	1493	DOUGLAS	viana running	Senior Masculino	02:27:18	+01:07:10	07:01
366	1301	Nelson Santos	individual	Veterano M40	02:27:30	+01:07:22	07:01
367	1194	Mário Carvalho	individual	Senior Masculino	02:28:01	+01:07:53	07:03
368	1192	Manuel Moreira	individual	Senior Masculino	02:28:04	+01:07:56	07:03
369	1316	Rui Pereira	individual	Veterano M40	02:28:04	+01:07:56	07:03
370	1069	Sofia Venade	cerveira team running	Senior Feminino	02:28:49	+01:08:42	07:05
371	1151	Sophie Duarte	individual	Senior Feminino	02:29:09	+01:09:01	07:06
372	1326	Carlos Almeida	individual	Veterano M50	02:29:09	+01:09:01	07:06
373	1370	Susana Luis	lion runners - g. d. leões da guarda	Veterana F40	02:29:43	+01:09:35	07:08
374	1120	JOSÉ PEDROSA	grupo maravilha	Veterano M50	02:30:51	+01:10:43	07:11
375	1230	Diana Pereira	individual	Veterana F40	02:30:51	+01:10:43	07:11
376	1023	José Carlos Araújo	amigos da montanha	Veterano M40	02:31:16	+01:11:08	07:12
377	1111	Fernando Dias	gerês forever	Veterano M50	02:31:48	+01:11:40	07:14
378	1002	Manuela Monteiro	100meta	Veterana F40	02:31:51	+01:11:43	07:14
379	1249	Maria Luz Almeida	individual	Veterana F50	02:32:11	+01:12:03	07:15
380	1451	Rui Gonçalves	strong team	Veterano M50	02:32:17	+01:12:09	07:15
381	1333	martinho cunha	individual	Veterano M50	02:32:27	+01:12:19	07:16
382	1276	Joao Antunes	individual	Veterano M40	02:32:42	+01:12:34	07:16
383	1184	Jorge Rafael Machado do Vale	individual	Senior Masculino	02:32:49	+01:12:41	07:17
384	1227	Ana Luísa Carvalho	individual	Veterana F40	02:32:58	+01:12:50	07:17
385	1110	Ricardo Silva	gerês forever	Veterano M40	02:32:59	+01:12:51	07:17
386	1410	Beatriz Loureiro	pernetas	Senior Feminino	02:33:02	+01:12:54	07:17

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
387	2037	Aurora Silva	braguinhas runners	Veterana F40	02:33:05	+01:12:57	07:17
388	1052	VITOR COSTA	braguinhas runners	Veterano M40	02:33:05	+01:12:57	07:17
389	1341	Rui Lobo Machado	individual	Veterano M50	02:34:07	+01:13:59	07:20
390	1047	MANUELA MATIAS	braguinhas runners	Veterana F40	02:34:10	+01:14:02	07:20
391	1213	Pedro Torres	individual	Senior Masculino	02:34:38	+01:14:30	07:22
392	1046	ELIZABETH ORTIZ	braguinhas runners	Veterana F40	02:34:55	+01:14:47	07:23
393	1510	Jose Gomes	individual	Senior Masculino	02:35:04	+01:14:56	07:23
394	1319	Vitor Manuel Fonseca	individual	Veterano M40	02:36:10	+01:16:02	07:26
395	1205	Óscar Martins	individual	Senior Masculino	02:36:19	+01:16:11	07:27
396	1048	MARIA RIBEIRO	braguinhas runners	Veterana F40	02:36:20	+01:16:12	07:27
397	1050	AMÉRICO IMPERADEIRO	braguinhas runners	Veterano M40	02:36:21	+01:16:13	07:27
398	1217	Roberto Martins	individual	Senior Masculino	02:36:23	+01:16:15	07:27
399	1146	Mariana Gomes Marques	individual	Senior Feminino	02:36:26	+01:16:18	07:27
400	1308	Paulo Marques	individual	Veterano M40	02:36:27	+01:16:19	07:27
401	1475	Alzira Almeida	turbulentos	Veterana F40	02:36:34	+01:16:26	07:27
402	1247	Isabel Veloso	individual	Veterana F50	02:36:34	+01:16:26	07:27
403	1350	José Veloso	individual	Veterano M60	02:36:34	+01:16:26	07:27
404	1084	João Nuno Correia Pinto Belchior	elite do atletismo nortenho	Veterano M40	02:36:45	+01:16:37	07:28
405	1085	Manuel José Teixeira Pereira	elite do atletismo nortenho	Veterano M40	02:36:46	+01:16:38	07:28
406	1302	Nuno Fonseca	individual	Veterano M40	02:37:22	+01:17:15	07:30
407	1260	Carlos Lopes	individual	Veterano M40	02:37:23	+01:17:15	07:30
408	1074	Paula Gualter	clube zupper	Veterana F40	02:37:31	+01:17:23	07:30
409	1248	Maria Fátima Marques Ribeiro	individual	Veterana F50	02:37:31	+01:17:23	07:30
410	1257	António Figueiredo	individual	Veterano M40	02:38:33	+01:18:25	07:33
411	1033	Serafim Coutinho	asphalt assault team	Veterano M60	02:38:38	+01:18:30	07:33
412	1180	Joaquim Silva	individual	Senior Masculino	02:38:42	+01:18:34	07:33
413	1413	Susana Canhola	pernetas	Veterana F40	02:39:31	+01:19:23	07:36
414	1125	Oliveira Amaro	happy runners	Veterano M40	02:39:36	+01:19:28	07:36
415	1245	Helena Costa	individual	Veterana F50	02:39:45	+01:19:38	07:36
416	1226	Ana Catarina Quintas	individual	Veterana F40	02:40:06	+01:19:58	07:37
417	1430	ACÁCIO MIRANDA	run4lunch	Veterano M50	02:40:06	+01:19:58	07:37
418	1236	Sandra Mendes	individual	Veterana F40	02:40:11	+01:20:03	07:38
419	135	Ana Almeida	individual	Veterana F40	02:41:13	+01:21:05	07:41
420	136	Cristina Aleixo	individual	Veterana F40	02:41:26	+01:21:18	07:41
421	1094	Carla Sofia Silva	freitas	Veterana F40	02:42:37	+01:22:29	07:45
422	1119	RAFAEL BRONZE	grupo maravilha	Veterano M40	02:43:37	+01:23:29	07:48
423	1140	Anna Trostinetkaia	individual	Senior Feminino	02:44:35	+01:24:27	07:50
424	1100	Beatriz Nunes	gdr juventude das ribeiras	Sub 23 Feminino	02:45:23	+01:25:15	07:53
425	1101	Albina Vieira	gdr juventude das ribeiras	Veterana F50	02:45:23	+01:25:15	07:53
426	1014	Miguel Monteiro	afrikanrunners	Veterana F40	02:46:32	+01:26:24	07:56
427	1012	Sandra Freitas	afrikanrunners	Senior Feminino	02:46:32	+01:26:24	07:56
428	1013	Rufino Freitas	afrikanrunners	Senior Masculino	02:46:32	+01:26:24	07:56
429	1203	Nuno Pereira	individual	Senior Masculino	02:46:35	+01:26:27	07:56
430	1243	Cristina Calafate	individual	Veterana F50	02:48:21	+01:28:13	08:01
431	1468	Graça Silva	team shark	Veterana F50	02:48:21	+01:28:13	08:01

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
432	1021	Maria João Alves Oliveira	amigos atletismo povoense	Senior Feminino	02:53:01	+01:32:53	08:14
433	1020	Ana Maria Gomes Vieira	amigos atletismo povoense	Senior Feminino	02:53:01	+01:32:53	08:14
434	1011	MARIA MOREIRA	afrikanrunners	Senior Feminino	02:53:25	+01:33:18	08:16
435	1016	Ricardo Fernandes	afrikanrunners	Veterano M40	02:53:27	+01:33:19	08:16
436	1239	Teresa Sofia Dores Sequeiros Reis	individual	Veterana F40	02:54:38	+01:34:30	08:19
437	1170	Fernando Fernandes	individual	Senior Masculino	02:54:59	+01:34:51	08:20
438	1137	Albertina Gonçalves	individual	Senior Feminino	02:56:01	+01:35:54	08:23
439	1238	Sofia Pinho	individual	Veterana F40	02:57:23	+01:37:15	08:27
440	1148	Sandrina Cristele Pereira Vieira	individual	Senior Feminino	02:57:58	+01:37:50	08:28
441	1109	Carlos Morais	gerês forever	Veterano M40	02:59:49	+01:39:41	08:34
442	1241	Alexandra Palma	individual	Veterana F50	03:01:42	+01:41:34	08:39
443	1246	Isabel Ucha	individual	Veterana F50	03:01:42	+01:41:34	08:39
444	1392	Álvaro cardoso	nos acreditamos	Veterano M50	03:13:02	+01:52:54	09:12
445	1352	Stephen Matthew Kane	individual	Veterano M60	04:11:37	+02:51:29	11:59

13K

13 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	12:28	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	2272	Hortense Tenda	Sporting Clube de Espinho / António Leitão	Senior Feminino	01:01:00	+10:35	04:42
2	2258	Cristiana Raquel de Sousa Ferreira	RUNNING ESPINHO	Senior Feminino	01:03:04	+12:40	04:51
3	2209	Adriana Gomes	MINHO AVENTURA	Senior Feminino	01:05:30	+15:05	05:02
4	1508	Celina Landeira	Individual	Senior Feminino	01:17:22	+26:58	05:57
5	2104	Sílvia Sousa	Individual	Senior Feminino	01:21:44	+31:20	06:17
6	2095	Carla Maria Santos Nunes	Individual	Senior Feminino	01:23:11	+32:46	06:24
7	2295	Mónica Raquel Soares Martins Domingues,	Lebres Minhotas	Senior Feminino	01:23:55	+33:30	06:27
8	2271	Carla Ferreira	Sporting Clube de Espinho / António Leitão	Senior Feminino	01:26:05	+35:41	06:37
9	2093	Benedita Ferreira	Individual	Senior Feminino	01:26:11	+35:46	06:38
10	2211	Marta Sofia Dantas da Cunha	Minho e Lima Trail	Senior Feminino	01:26:53	+36:28	06:41
11	2023	Carina Barbosa	Aves Runners	Senior Feminino	01:27:38	+37:14	06:45
12	2216	Joana Machado	Mozelos Runners	Senior Feminino	01:28:31	+38:06	06:49
13	2101	Laura Marisa Martins Fernandes	Individual	Senior Feminino	01:28:32	+38:08	06:49
14	2096	Cátia Brito	Individual	Senior Feminino	01:28:41	+38:17	06:49
15	2024	Vera Gonçalves	Aves Runners	Senior Feminino	01:28:42	+38:17	06:49
16	2223	Natércia freitas	Nos Acreditamos	Senior Feminino	01:28:44	+38:20	06:50
17	2217	Sónia Santiago	Mozelos Runners	Senior Feminino	01:29:01	+38:37	06:51
18	2099	ISABEL MARIA DE SOUSA DIAS	Individual	Senior Feminino	01:31:51	+41:27	07:04
19	2304	Kamília Martins	Individual	Senior Feminino	01:32:16	+41:52	07:06
20	2092	Barbara Feio	Individual	Senior Feminino	01:33:01	+42:36	07:09
21	2279	Aurora Carvalho	Taylors	Senior Feminino	01:36:30	+46:06	07:25
22	2088	Ana Moura	Individual	Senior Feminino	01:36:40	+46:15	07:26
23	2205	Ana Isabel Oliveira	LION RUNNERS - G.D. Leões da Guarda	Senior Feminino	01:37:26	+47:02	07:30
24	2091	arminda cabral	Individual	Senior Feminino	01:38:52	+48:27	07:36
25	2259	Martinha Barbosa	SAI DA FRENTE	Senior Feminino	01:41:01	+50:36	07:46
26	2090	Ana Rita Coelho Batalha	Individual	Senior Feminino	01:43:07	+52:43	07:56
27	2022	Ariana Pereira	Aves Runners	Senior Feminino	01:43:50	+53:26	07:59
28	2286	Olga Coelho	TrailLovers	Senior Feminino	01:44:47	+54:23	08:04
29	2015	Cláudia Dias	ARCORUN	Senior Feminino	01:47:24	+56:59	08:16
30	2202	Raquel Santos	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	01:48:53	+58:29	08:23
31	2098	Íris Oliveira	Individual	Senior Feminino	01:50:59	+01:00:35	08:32
32	2061	Márcia Silva	éjáli...clube de amigos trailrunners	Senior Feminino	01:51:47	+01:01:23	08:36
33	2062	Sílvia Costa	éjáli...clube de amigos trailrunners	Senior Feminino	01:51:47	+01:01:23	08:36
34	2089	Ana patricia pereira mendes cardoso	Individual	Senior Feminino	01:54:26	+01:04:01	08:48
35	2105	Sofia Nilo	Individual	Senior Feminino	01:59:53	+01:09:29	09:13
36	2242	Daniela Almeida	Royal Wellness Center	Senior Feminino	02:02:47	+01:12:22	09:27

13K

13 KM

OFFICIAL RESULT

37	2275	Joana Faria	Strong Team	Senior Feminino	02:07:42	+01:17:17	09:49
38	2016	Erika Jesus	ARCORUN	Senior Feminino	02:08:00	+01:17:36	09:51
39	2302	Joana Sofia de Freitas Monteiro	Individual	Senior Feminino	02:11:04	+01:20:40	10:05
40	2102	Nair Lima	Individual	Senior Feminino	02:12:39	+01:22:14	10:12
41	2251	Joana Maria Ferreira Freitas	Runcicla	Senior Feminino	02:20:30	+01:30:05	10:48
42	2250	Andreia Miranda	Runcicla	Senior Feminino	02:27:37	+01:37:12	11:21
43	2253	Sandra Castro	Runcicla	Senior Feminino	02:27:37	+01:37:12	11:21
44	2207	Eliana soraia	Maia768	Senior Feminino	02:29:25	+01:39:01	11:30
45	2106	Veronica Costa	Individual	Senior Feminino	02:37:22	+01:46:58	12:06
46	2085	Joana Braga	Happy Runners	Senior Feminino	02:38:41	+01:48:17	12:12
47	2080	HELIA GIL	Grupo Maravilha	Senior Feminino	02:40:53	+01:50:29	12:23
48	2230	Maria João	Os Maiais	Senior Feminino	02:50:09	+01:59:45	13:05

Senior Masculino

1	2002	Ruben Veloso	Academia desportiva arcos de Valdevez	Senior Masculino	50:24		03:53
2	2117	José Antonio Losada miranda	Individual	Senior Masculino	54:32	+04:07	04:12
3	2212	Bruno Miguel Amorim Rodrigues	Minho e Lima Trail	Senior Masculino	55:04	+04:40	04:14
4	2041	Paulo Moreira	C.C.Recreativo de São Martinho	Senior Masculino	56:32	+06:08	04:21
5	2051	Rui Fernandes	Clube Atletismo Fafe	Senior Masculino	58:25	+08:01	04:30
6	2111	Carlos Oliveira	Individual	Senior Masculino	01:00:33	+10:08	04:39
7	2110	Carlos Campos	Individual	Senior Masculino	01:02:41	+12:16	04:49
8	2240	Ricardo Silva	RIPOLINS GRIJÓ A CORRER	Senior Masculino	01:04:06	+13:41	04:56
9	2257	Paulo Reis	Running Esmoriz	Senior Masculino	01:04:13	+13:49	04:56
10	2214	rafael Perreira	Minho e Lima Trail	Senior Masculino	01:06:32	+16:08	05:07
11	2309	José antonio silva	Individual	Senior Masculino	01:06:34	+16:09	05:07
12	2121	Nuno Gomes	Individual	Senior Masculino	01:07:50	+17:25	05:13
13	2040	Gilberto Ferreira	C.C.Recreativo de São Martinho	Senior Masculino	01:09:35	+19:10	05:21
14	2042	Pedro Vieira	C.C.Recreativo de São Martinho	Senior Masculino	01:09:56	+19:32	05:23
15	2120	Miguel Cruz	Individual	Senior Masculino	01:10:37	+20:12	05:26
16	2296	Paulo Jorge Couto Gomes	Individual	Senior Masculino	01:12:35	+22:11	05:35
17	2218	Luís Machado	Mozelos Runners	Senior Masculino	01:13:19	+22:54	05:38
18	2122	Orlando Martins	Cerveira Team Running	Senior Masculino	01:14:18	+23:53	05:43
19	2213	Filipe Samuel Rodrigues Correia	Minho e Lima Trail	Senior Masculino	01:14:39	+24:15	05:45
20	2206	Pedro Bernardes	LION RUNNERS - G.D. Leões da Guarda	Senior Masculino	01:15:09	+24:45	05:47
21	2196	Marco Candeias	Juventude Cortegacense	Senior Masculino	01:16:49	+26:25	05:55
22	2310	avelino sousa dias	Individual	Senior Masculino	01:17:19	+26:54	05:57
23	2127	Tiago Pereira	Individual	Senior Masculino	01:19:48	+29:24	06:08
24	2113	Fabio Silva	Individual	Senior Masculino	01:19:58	+29:34	06:09
25	2045	Leandro Oliveira	CB RUN	Senior Masculino	01:21:33	+31:09	06:16
26	2119	Marco Vieira	Individual	Senior Masculino	01:22:55	+32:30	06:23
27	2123	Pedro Marques	Individual	Senior Masculino	01:23:26	+33:01	06:25
28	2228	André Azevedo da Silva	Núcleo do Sporting Clube de Portugal de V. N. de Famalicão	Senior Masculino	01:24:03	+33:39	06:28
29	2108	Andre Silva	Individual	Senior Masculino	01:25:47	+35:22	06:36

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13K

13 KM

OFFICIAL RESULT

30	2124	Ricardo Castilho	Individual	Senior Masculino	01:28:32	+38:07	06:49
31	2254	Paulo Rafael Silva Figueiredo	Runcicla	Senior Masculino	01:28:58	+38:34	06:51
32	2046	Nuno Oliveira	CB RUN	Senior Masculino	01:29:40	+39:15	06:54
33	2125	RICARDO VILELA	Individual	Senior Masculino	01:31:51	+41:26	07:04
34	2048	João Sousa	CCD Sintrense	Senior Masculino	01:32:10	+41:46	07:05
35	2299	Edgar Seabra	Individual	Senior Masculino	01:32:15	+41:51	07:06
36	2116	João Rui Ferreira Mendes	Individual	Senior Masculino	01:33:30	+43:05	07:12
37	2263	José Moreira	Salgueiros Running	Senior Masculino	01:36:04	+45:39	07:23
38	2115	Ivo	Individual	Senior Masculino	01:36:19	+45:54	07:25
39	2057	BRUNO CARDOSO	DDT Runners	Senior Masculino	01:37:12	+46:48	07:29
40	2118	José Paiva	Individual	Senior Masculino	01:37:43	+47:19	07:31
41	2283	André Barros	Trail Team Montaria	Senior Masculino	01:38:13	+47:49	07:33
42	2114	Gonçalo Pires de Afonso Pires	Individual	Senior Masculino	01:49:33	+59:08	08:26
43	2300	Ricardo Almeida e Silva	Individual	Senior Masculino	01:55:25	+01:05:00	08:53
44	2301	Renato Eduardo Pinho da Silva	Individual	Senior Masculino	01:55:27	+01:05:02	08:53
45	2005	Gonçalo Joaquim Baptista da Gaga Rodrigues Filipe	ACR CASAIS DAS BOIÇAS	Senior Masculino	02:16:14	+01:25:49	10:29

Sub 23 Feminino

1	2260	Filipa Almeida	SAI DA FRENTE	Sub 23 Feminino	01:41:01	+50:36	07:46
2	2130	Vania Daniela de Araujo Campos	Individual	Sub 23 Feminino	01:53:27	+01:03:02	08:44
3	2129	Cristiana Cruz	Individual	Sub 23 Feminino	02:01:54	+01:11:30	09:23
4	2007	Daniela Sofia Rebelo Cartaxeiro Alexandre	ACR CASAIS DAS BOIÇAS	Sub 23 Feminino	02:16:14	+01:25:49	10:29
5	2053	Diva Mendes	Crazy Team	Sub 23 Feminino	03:18:37	+02:28:13	15:17

Sub 23 Masculino

1	2284	Miguel Barros	Trail Team Montaria	Sub 23 Masculino	01:29:52	+39:28	06:55
2	2068	Tiago Filipe da Silva Rangel de Almeida Marques	Gang do Oeste	Sub 23 Masculino	01:35:37	+45:12	07:21
3	2054	Bernardo Ramalhosa	Crazy Team	Sub 23 Masculino	03:18:44	+02:28:20	15:17

Veterana F40

1	2001	Tania Covas Costa	.COM-Clube Ori Minho	Veterana F40	01:07:08	+16:44	05:10
2	2297	Ana Cristina Gomes pereira Iglesias	Viana Running	Veterana F40	01:12:01	+21:36	05:32
3	2060	Maria Pinto	DóRéMi	Veterana F40	01:14:36	+24:12	05:44
4	2198	Maria Oliveira	Juventude Cortegacense	Veterana F40	01:19:19	+28:54	06:06
5	2140	Elisabete Cunha	Individual	Veterana F40	01:19:50	+29:26	06:09
6	2049	Elisabete Pereira	CENTRO CICLISTA DE GONDOMAR	Veterana F40	01:19:58	+29:33	06:09
7	2078	Sónia Gilvaz	GDR Juventude das Ribeiras	Veterana F40	01:20:36	+30:11	06:12
8	2050	Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	01:23:42	+33:17	06:26
9	2017	Regina Melo	ARCORUN	Veterana F40	01:24:20	+33:56	06:29

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13K**13 KM**

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OFFICIAL RESULT

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10	2264	Carla Teresa Magalhães	Salgueiros Running	Veterana F40	01:25:23	+34:58	06:34
11	2139	Cristina Pacheco	Individual	Veterana F40	01:25:48	+35:23	06:36
12	2149	Maria de Fátima Castro Botelho Mendes	Individual	Veterana F40	01:27:56	+37:31	06:46
13	2226	Salomé Sousa	Nos Acreditamos	Veterana F40	01:28:21	+37:56	06:48
14	2294	Alzira Alves	Individual	Veterana F40	01:28:24	+37:59	06:48
15	2144	Estelle deCastro	Individual	Veterana F40	01:30:15	+39:50	06:57
16	2146	Isabel Martins	Individual	Veterana F40	01:31:14	+40:50	07:01
17	2135	Angela Pinto	Individual	Veterana F40	01:31:23	+40:58	07:02
18	2038	ELISABETE BORGES	Braguinhos Runners	Veterana F40	01:32:16	+41:51	07:06
19	2281	Maria João Oliveira	Taylors	Veterana F40	01:34:03	+43:39	07:14
20	2064	Lúcia Oliveira	Focoteam24	Veterana F40	01:34:19	+43:54	07:15
21	2245	Carla Almeida	Run for Fun	Veterana F40	01:34:46	+44:21	07:17
22	2141	Elisabete Melo	Individual	Veterana F40	01:36:50	+46:26	07:27
23	2156	Vanda Oliveira	Individual	Veterana F40	01:36:54	+46:30	07:27
24	2151	Paula Morais	Individual	Veterana F40	01:38:49	+48:25	07:36
25	2134	Ana Patrícia Ramos Augusto	Individual	Veterana F40	01:40:01	+49:37	07:42
26	2138	Célia Vieira	Individual	Veterana F40	01:40:47	+50:23	07:45
27	2074	Lucia Marinho	Gangue do Areias	Veterana F40	01:41:01	+50:36	07:46
28	2133	Ana Cristina Nunes	Individual	Veterana F40	01:42:01	+51:36	07:51
29	2314	maria de fatima fernandes Pinho	Individual	Veterana F40	01:42:15	+51:51	07:52
30	2027	Paula Castro	Aves Runners	Veterana F40	01:42:16	+51:51	07:52
31	2032	Edite Fernandes	BoraBora, Vamos Lá!	Veterana F40	01:45:32	+55:08	08:07
32	2148	Magda João Castelhana Carlos	Individual	Veterana F40	01:46:15	+55:51	08:10
33	2157	Vilaca	Individual	Veterana F40	01:46:15	+55:51	08:10
34	2150	Maria la Salette Silva Monteiro	Individual	Veterana F40	01:46:43	+56:19	08:13
35	2143	Estefânia Matias	Individual	Veterana F40	01:48:28	+58:04	08:21
36	2225	Aurora cardoso	Nos Acreditamos	Veterana F40	01:48:39	+58:14	08:21
37	2224	Ana paula	Nos Acreditamos	Veterana F40	01:48:44	+58:19	08:22
38	1368	Joana Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	01:48:53	+58:29	08:23
39	2142	Elisabete Santos	Individual	Veterana F40	01:51:47	+01:01:23	08:36
40	2152	Raquel Santos	Individual	Veterana F40	01:53:12	+01:02:47	08:42
41	2034	Sónia Cláudia Marques	BoraBora, Vamos Lá!	Veterana F40	01:53:56	+01:03:32	08:46
42	2031	Ana Ribeiro	BoraBora, Vamos Lá!	Veterana F40	01:53:57	+01:03:32	08:46
43	2147	Mabel Pina	Individual	Veterana F40	01:57:00	+01:06:35	09:00
44	2136	Brigitte machado	Individual	Veterana F40	01:59:48	+01:09:24	09:13
45	2153	Roseane rocha costa	Individual	Veterana F40	01:59:54	+01:09:30	09:13
46	2030	Eduarda Freitas	Bodeguitas	Veterana F40	02:02:27	+01:12:02	09:25
47	2262	Irene Barbosa	SAI DA FRENTE	Veterana F40	02:06:23	+01:15:58	09:43
48	2261	Ana Sofia Durães	SAI DA FRENTE	Veterana F40	02:06:23	+01:15:58	09:43
49	2008	Paula Cristina Marques António	ACR CASAIS DAS BOIÇAS	Veterana F40	02:16:14	+01:25:50	10:29
50	2255	Esperança Melo	Runcicla	Veterana F40	02:17:56	+01:27:32	10:37
51	2154	Sandra Pires	Individual	Veterana F40	02:20:21	+01:29:56	10:48
52	2132	Alexandra Seoane Abrantes Costa	Individual	Veterana F40	02:21:32	+01:31:07	10:53
53	2137	Carla teixeira	Individual	Veterana F40	02:29:25	+01:39:01	11:30
54	2086	Linda Braga	Happy Runners	Veterana F40	02:38:41	+01:48:17	12:12

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13K**13 KM**

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OFFICIAL RESULT

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55	2081	MARIA JOÃO PEREIRA	Grupo Maravilha	Veterana F40	02:40:53	+01:50:28	12:23
56	2055	Joana Ramalhosa	Crazy Team	Veterana F40	03:18:45	+02:28:20	15:17

Veterana F50

1	2282	Maria José Santos	TEAM LANTEMIL	Veterana F50	01:25:18	+34:53	06:34
2	2268	Maria João Emídio	Salgueiros Running	Veterana F50	01:32:34	+42:10	07:07
3	2265	Beatriz Silva	Salgueiros Running	Veterana F50	01:34:56	+44:31	07:18
4	2159	Isabel Monteiro	Individual	Veterana F50	01:34:57	+44:33	07:18
5	2266	Célia Afonso	Salgueiros Running	Veterana F50	01:40:26	+50:02	07:44
6	2158	Ana Castro Gonçalves	Individual	Veterana F50	01:43:42	+53:18	07:59
7	2278	Luisa Almeida	Tartarugas do Asfalto	Veterana F50	01:46:58	+56:34	08:14
8	2160	ISAURA DE ALMEIDA	Individual	Veterana F50	01:48:27	+58:03	08:21
9	2267	Fernanda Vieira	Salgueiros Running	Veterana F50	01:49:26	+59:01	08:25
10	2203	Isabel Lopes	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	02:02:27	+01:12:03	09:25
11	2248	TERESA REIS	RUN4LUNCH	Veterana F50	02:03:36	+01:13:12	09:31
12	2247	MARIA MIRANDA	RUN4LUNCH	Veterana F50	02:03:37	+01:13:12	09:31
13	2011	Gracinda Nogueira	All About	Veterana F50	02:31:51	+01:41:26	11:41
14	2013	Maria José Silva	Amigos Vale Silencio	Veterana F50	02:36:47	+01:46:22	12:04
15	2012	Manuela Costa	Amigos Vale Silencio	Veterana F50	02:36:47	+01:46:23	12:04
16	2082	TERESA VICENTE	Grupo Maravilha	Veterana F50	02:40:53	+01:50:29	12:23
17	2069	Cristina Paula Pires Rosa	Gang do Oeste	Veterana F50	02:48:44	+01:58:20	12:59

Veterana F60

1	2019	rosina couto	ARCORUN	Veterana F60	01:36:30	+46:06	07:25
2	2162	Maria Filomena Venâncio Lopes Marcelo	Individual	Veterana F60	01:43:13	+52:49	07:56
3	2018	Alcina Moura	ARCORUN	Veterana F60	01:48:16	+57:52	08:20
4	2161	Etelvina Gonçalves	Individual	Veterana F60	02:06:47	+01:16:22	09:45
5	2232	Manuela Moreira	Os Maias	Veterana F60	02:40:01	+01:49:36	12:19
6	2233	Regina Maia	Os Maias	Veterana F60	02:50:09	+01:59:44	13:05
7	2231	Aurora Moreira	Os Maias	Veterana F60	02:50:09	+01:59:45	13:05
8	2070	Maria Paula Barata Carvalho	Gang do Oeste	Veterana F60	03:18:43	+02:28:19	15:17

Veterano M40

1	2215	Alex Tondela	MONTANHA CLUBE TRAILRUNNING/EFAPEL	Veterano M40	52:36	+02:11	04:03
2	2163	Abílio Ribeiro	Individual	Veterano M40	54:58	+04:34	04:14
3	2173	José Ferreira	Individual	Veterano M40	55:10	+04:46	04:15
4	86	Joaquim Freitas	GDR RETORTA	Veterano M40	58:19	+07:55	04:29
5	2315	Rui Silva	Equipa S.R. Capanense	Veterano M40	58:43	+08:18	04:31
6	2239	Josias Meira	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	01:02:30	+12:06	04:49

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13K

13 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	2178	Patricio deCastro	Individual	Veterano M40	01:03:51	+13:27	04:55
8	2229	Hugo Paço do Casal	OLÍMPICO VIANENSE TRAIL	Veterano M40	01:06:58	+16:34	05:09
9	2014	Jorge Ribeiro	ARCA BarceloS runners	Veterano M40	01:07:19	+16:54	05:11
10	2200	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M40	01:10:33	+20:08	05:26
11	2177	Nuno Silva	Individual	Veterano M40	01:13:39	+23:15	05:40
12	2181	Rui Sousa	Individual	Veterano M40	01:14:15	+23:51	05:43
13	2176	Miguel Ângelo Brito Faria	Individual	Veterano M40	01:15:09	+24:45	05:47
14	2059	joão Paulo Campos	DDT Runners	Veterano M40	01:15:56	+25:31	05:50
15	2172	Jorge Costa	Individual	Veterano M40	01:16:30	+26:06	05:53
16	2036	João Pedro Cunha	BRAGA RUNNERS	Veterano M40	01:16:30	+26:06	05:53
17	2058	PAULO FERREIRA	DDT Runners	Veterano M40	01:18:12	+27:47	06:01
18	2305	Jorge Carneiro	Individual	Veterano M40	01:19:50	+29:25	06:08
19	2235	Aires Ramos	Radler Team	Veterano M40	01:20:22	+29:57	06:11
20	2047	Ernesto Macedo de Freitas	CB RUN	Veterano M40	01:21:33	+31:09	06:16
21	2171	Jean-Philippe deCastro	Individual	Veterano M40	01:21:59	+31:35	06:18
22	2221	El Comandante	Mozelos Runners	Veterano M40	01:23:36	+33:11	06:26
23	2311	antonio manuel pereira	Individual	Veterano M40	01:23:55	+33:30	06:27
24	2237	João Dias	Radler Team	Veterano M40	01:24:25	+34:00	06:30
25	2292	PEDRO MIGUEL SANTOS MATOS	Yazaki Runners	Veterano M40	01:24:54	+34:30	06:32
26	2220	António Rodrigues	Mozelos Runners	Veterano M40	01:28:13	+37:49	06:47
27	2179	Paulo Caniço	Individual	Veterano M40	01:28:32	+38:08	06:49
28	2236	Freddy Assunção	Radler Team	Veterano M40	01:28:57	+38:32	06:51
29	2238	Sergio Ferreira	Radler Team	Veterano M40	01:28:57	+38:33	06:51
30	2075	Rui Matos	Gangue do Areias	Veterano M40	01:29:47	+39:22	06:54
31	2180	PAULO JORGE DE ALMEIDA LEMOS	Individual	Veterano M40	01:32:37	+42:13	07:08
32	2167	David Martins	Individual	Veterano M40	01:33:01	+42:37	07:09
33	2010	Sérgio Ferreira	AfrikanRunners	Veterano M40	01:33:17	+42:52	07:11
34	2313	Miguel Lira	Viana Running	Veterano M40	01:36:05	+45:41	07:24
35	2175	Manuel Peixoto	Individual	Veterano M40	01:37:15	+46:51	07:29
36	2035	António Matos	BoraBora, Vamos Lá!	Veterano M40	01:42:10	+51:46	07:52
37	3112	Alexandre Lages	Os Torneiras	Veterano M40	01:43:16	+52:52	07:57
38	3113	Filipe Almeida	Os Torneiras	Veterano M40	01:43:17	+52:52	07:57
39	2164	Christian Maibohm	Individual	Veterano M40	01:46:15	+55:51	08:10
40	2276	Pedro Perpétuo	Strong Team	Veterano M40	01:46:47	+56:23	08:13
41	2020	Sterling Bolivar	ARCORUN	Veterano M40	01:47:24	+56:59	08:16
42	2166	Daniel Nogueira	Individual	Veterano M40	01:47:26	+57:01	08:16
43	2168	Eduardo Bastos	Individual	Veterano M40	01:47:26	+57:01	08:16
44	2170	Filipe Moutinho	Individual	Veterano M40	02:01:18	+01:10:53	09:20
45	2256	Miguel Ferreira	Runcicla	Veterano M40	02:14:10	+01:23:45	10:19
46	2234	António Soares	Os Manos	Veterano M40	02:29:56	+01:39:32	11:32
47	2169	Fernando Cardoso	Individual	Veterano M40	02:30:18	+01:39:53	11:34
48	2071	Rui Jorge Morais Bento	Gang do Oeste	Veterano M40	03:18:43	+02:28:19	15:17

Veterano M50

1	1344	Vasco Morais Pinheiro de Sousa	Individual	Veterano M50	01:00:26	+10:02	04:39
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13K

13 KM

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OFFICIAL RESULT
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2	2189	Nelson Ramos	Individual	Veterano M50	01:02:30	+12:06	04:49
3	2293	Arlindo Ferreira	Individual	Veterano M50	01:03:01	+12:37	04:51
4	2188	Manuel Araujo	Individual	Veterano M50	01:09:18	+18:53	05:20
5	2290	Octávio AFONSO	TURBULENTOS	Veterano M50	01:11:52	+21:28	05:32
6	2187	Luís Manuel Carvalhosa Alves	Individual	Veterano M50	01:12:01	+21:37	05:32
7	2185	Fernando Albes	Individual	Veterano M50	01:14:09	+23:45	05:42
8	2199	Domingos Camboa	Juventude Cortegacense	Veterano M50	01:16:30	+26:06	05:53
9	253	Antonio Serafim	RUN 4 FUN	Veterano M50	01:18:30	+28:06	06:02
10	2193	Xavier Barbosa	Individual	Veterano M50	01:18:43	+28:19	06:03
11	2307	JOSE ANES	Individual	Veterano M50	01:19:09	+28:45	06:05
12	2186	josé manuel martins silva	Individual	Veterano M50	01:19:09	+28:45	06:05
13	2029	José Maria Fernandes	Aves Runners	Veterano M50	01:19:47	+29:23	06:08
14	2192	Pedro Ernesto Oliveira Dias	Individual	Veterano M50	01:21:01	+30:37	06:14
15	3114	Mário Cardoso	Os Torneiras	Veterano M50	01:22:54	+32:29	06:23
16	2308	Octavio Andrade	.COM - Clube OriMinho	Veterano M50	01:23:52	+33:27	06:27
17	2076	rui machado	Gansos - Trail e Caminhadas	Veterano M50	01:25:02	+34:38	06:33
18	2044	Alfredo Machado	Casa F.C.Porto Famalicão	Veterano M50	01:27:29	+37:05	06:44
19	2039	José Fonseca	Braguinhas Runners	Veterano M50	01:32:16	+41:52	07:06
20	2067	HELDER OLIVEIRA	GAIA-RUNNING	Veterano M50	01:33:57	+43:32	07:14
21	2072	Fernando Manuel Bento Marques	Gang do Oeste	Veterano M50	01:35:37	+45:12	07:21
22	2087	FERNANDO CUNHA	hSantamariaRT	Veterano M50	01:39:03	+48:38	07:37
23	2222	Fernando Sousa	Mozelos Runners	Veterano M50	01:41:56	+51:31	07:50
24	2269	Mário Emídio	Salgueiros Running	Veterano M50	01:43:47	+53:22	07:59
25	2249	RUI CUNHA	RUN4LUNCH	Veterano M50	02:03:36	+01:13:12	09:31
26	2073	Paulo Frederico Coelho	Gang do Oeste	Veterano M50	03:18:44	+02:28:20	15:17

Veterano M60

1	2009	Aderito Alves	Aderito Alves	Veterano M60	01:07:05	+16:40	05:10
2	2195	Fernando Gomes de Sousa	Individual	Veterano M60	01:10:10	+19:45	05:24
3	2241	CARLOS RIPOLINS	RIPOLINS GRIJÓ A CORRER	Veterano M60	01:10:45	+20:21	05:27
4	2298	DOMINGOS MARTINS MACHADO	Individual	Veterano M60	01:21:48	+31:24	06:18
5	2270	Lénio Fernando Nogueira Marinho	Salgueiros Running	Veterano M60	01:30:01	+39:36	06:55
6	2194	António Silva	Individual	Veterano M60	01:30:15	+39:50	06:57

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	12:28	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2002	Ruben Veloso	academia desportiva arcos de valdevez	Senior Masculino	50:24		03:53
2	2215	Alex Tondela	montanha clube trailrunning/efapel	Veterano M40	52:36	+02:11	04:03
3	2117	José Antonio Losada miranda	individual	Senior Masculino	54:32	+04:07	04:12
4	2163	Abílio Ribeiro	individual	Veterano M40	54:58	+04:34	04:14
5	2212	Bruno Miguel Amorim Rodrigues	minho e lima trail	Senior Masculino	55:04	+04:40	04:14
6	2173	José Ferreira	individual	Veterano M40	55:10	+04:46	04:15
7	2041	Paulo Moreira	c.c.recreativo de são martinho	Senior Masculino	56:32	+06:08	04:21
8	86	Joaquim Freitas	gdr retorta	Veterano M40	58:19	+07:55	04:29
9	2051	Rui Fernandes	clube atletismo fafe	Senior Masculino	58:25	+08:01	04:30
10	2315	Rui Silva	equipa s.r. cepanense	Veterano M40	58:43	+08:18	04:31
11	1344	Vasco Morais Pinheiro de Sousa	individual	Veterano M50	01:00:26	+10:02	04:39
12	2111	Carlos Oliveira	individual	Senior Masculino	01:00:33	+10:08	04:39
13	2272	Hortense Tenda	sporting clube de espinho / antónio leitão	Senior Feminino	01:01:00	+10:35	04:42
14	2239	Josias Meira	recreio desportivo de águeda	Veterano M40	01:02:30	+12:06	04:49
15	2189	Nelson Ramos	individual	Veterano M50	01:02:30	+12:06	04:49
16	2110	Carlos Campos	individual	Senior Masculino	01:02:41	+12:16	04:49
17	2293	Arlindo Ferreira	individual	Veterano M50	01:03:01	+12:37	04:51
18	2258	Cristiana Raquel de Sousa Ferreira	running espinho	Senior Feminino	01:03:04	+12:40	04:51
19	2178	Patricio deCastro	individual	Veterano M40	01:03:51	+13:27	04:55
20	2240	Ricardo Silva	ripolins grijó a correr	Senior Masculino	01:04:06	+13:41	04:56
21	2257	Paulo Reis	running esmoriz	Senior Masculino	01:04:13	+13:49	04:56
22	2209	Adriana Gomes	minho aventura	Senior Feminino	01:05:30	+15:05	05:02
23	2214	rafael Perreira	minho e lima trail	Senior Masculino	01:06:32	+16:08	05:07
24	2309	José antonio silva	individual	Senior Masculino	01:06:34	+16:09	05:07
25	2229	Hugo Paço do Casal	olímpico vianense trail	Veterano M40	01:06:58	+16:34	05:09
26	2009	Aderito Alves	aderito alves	Veterano M60	01:07:05	+16:40	05:10
27	2001	Tania Covas Costa	.com-clube ori minho	Veterana F40	01:07:08	+16:44	05:10
28	2014	Jorge Ribeiro	arca Barcelos runners	Veterano M40	01:07:19	+16:54	05:11
29	2121	Nuno Gomes	individual	Senior Masculino	01:07:50	+17:25	05:13
30	2188	Manuel Araujo	individual	Veterano M50	01:09:18	+18:53	05:20
31	2040	Gilberto Ferreira	c.c.recreativo de são martinho	Senior Masculino	01:09:35	+19:10	05:21
32	2042	Pedro Vieira	c.c.recreativo de são martinho	Senior Masculino	01:09:56	+19:32	05:23
33	2195	Fernando Gomes de Sousa	individual	Veterano M60	01:10:10	+19:45	05:24
34	2200	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M40	01:10:33	+20:08	05:26
35	2120	Miguel Cruz	individual	Senior Masculino	01:10:37	+20:12	05:26
36	2241	CARLOS RIPOLINS	ripolins grijó a correr	Veterano M60	01:10:45	+20:21	05:27
37	2290	Octávio AFONSO	turbulentos	Veterano M50	01:11:52	+21:28	05:32
38	2297	Ana Cristina Gomes pereira Iglesias	viana running	Veterana F40	01:12:01	+21:36	05:32
39	2187	Luís Manuel Carvalhosa Alves	individual	Veterano M50	01:12:01	+21:37	05:32

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	2296	Paulo Jorge Couto Gomes	individual	Senior Masculino	01:12:35	+22:11	05:35
41	2218	Luís Machado	mozelos runners	Senior Masculino	01:13:19	+22:54	05:38
42	2177	Nuno Silva	individual	Veterano M40	01:13:39	+23:15	05:40
43	2185	Fernando Albes	individual	Veterano M50	01:14:09	+23:45	05:42
44	2181	Rui Sousa	individual	Veterano M40	01:14:15	+23:51	05:43
45	2122	Orlando Martins	cerveira team running	Senior Masculino	01:14:18	+23:53	05:43
46	2060	Maria Pinto	dórémí	Veterana F40	01:14:36	+24:12	05:44
47	2213	Filipe Samuel Rodrigues Correia	minho e lima trail	Senior Masculino	01:14:39	+24:15	05:45
48	2176	Miguel Ângelo Brito Faria	individual	Veterano M40	01:15:09	+24:45	05:47
49	2206	Pedro Bernardes	lion runners - g.d. leões da guarda	Senior Masculino	01:15:09	+24:45	05:47
50	2059	joão Paulo Campos	ddt runners	Veterano M40	01:15:56	+25:31	05:50
51	2172	Jorge Costa	individual	Veterano M40	01:16:30	+26:06	05:53
52	2036	João Pedro Cunha	braga runners	Veterano M40	01:16:30	+26:06	05:53
53	2199	Domingos Camboa	juventude cortegacense	Veterano M50	01:16:30	+26:06	05:53
54	2196	Marco Candeias	juventude cortegacense	Senior Masculino	01:16:49	+26:25	05:55
55	2310	avelino sousa dias	individual	Senior Masculino	01:17:19	+26:54	05:57
56	1508	Celina Landeira	individual	Senior Feminino	01:17:22	+26:58	05:57
57	2058	PAULO FERREIRA	ddt runners	Veterano M40	01:18:12	+27:47	06:01
58	253	Antonio Serafim	run 4 fun	Veterano M50	01:18:30	+28:06	06:02
59	2193	Xavier Barbosa	individual	Veterano M50	01:18:43	+28:19	06:03
60	2307	JOSE ANES	individual	Veterano M50	01:19:09	+28:45	06:05
61	2186	josé manuel martins silva	individual	Veterano M50	01:19:09	+28:45	06:05
62	2198	Maria Oliveira	juventude cortegacense	Veterana F40	01:19:19	+28:54	06:06
63	2029	José Maria Fernandes	aves runners	Veterano M50	01:19:47	+29:23	06:08
64	2127	Tiago Pereira	individual	Senior Masculino	01:19:48	+29:24	06:08
65	2305	Jorge Carneiro	individual	Veterano M40	01:19:50	+29:25	06:08
66	2140	Elisabete Cunha	individual	Veterana F40	01:19:50	+29:26	06:09
67	2049	Elisabete Pereira	centro ciclista de gondomar	Veterana F40	01:19:58	+29:33	06:09
68	2113	Fabio Silva	individual	Senior Masculino	01:19:58	+29:34	06:09
69	2235	Aires Ramos	radler team	Veterano M40	01:20:22	+29:57	06:11
70	2078	Sónia Gilvaz	gdr juventude das ribeiras	Veterana F40	01:20:36	+30:11	06:12
71	2192	Pedro Ernesto Oliveira Dias	individual	Veterano M50	01:21:01	+30:37	06:14
72	2045	Leandro Oliveira	cb run	Senior Masculino	01:21:33	+31:09	06:16
73	2047	Ernesto Macedo de Freitas	cb run	Veterano M40	01:21:33	+31:09	06:16
74	2104	Sílvia Sousa	individual	Senior Feminino	01:21:44	+31:20	06:17
75	2298	DOMINGOS MARTINS MACHADO	individual	Veterano M60	01:21:48	+31:24	06:18
76	2171	Jean-Philippe deCastro	individual	Veterano M40	01:21:59	+31:35	06:18
77	3114	Mário Cardoso	os torneiras	Veterano M50	01:22:54	+32:29	06:23
78	2119	Marco Vieira	individual	Senior Masculino	01:22:55	+32:30	06:23
79	2095	Carla Maria Santos Nunes	individual	Senior Feminino	01:23:11	+32:46	06:24
80	2123	Pedro Marques	individual	Senior Masculino	01:23:26	+33:01	06:25
81	2221	El Comandante	mozelos runners	Veterano M40	01:23:36	+33:11	06:26
82	2050	Sandra Matos	centro ciclista de gondomar	Veterana F40	01:23:42	+33:17	06:26
83	2308	Octavio Andrade	.com - clube oriminho	Veterano M50	01:23:52	+33:27	06:27

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	2295	Mónica Raquel Soares Martins Domingues,	lebres minhotas	Senior Feminino	01:23:55	+33:30	06:27
85	2311	antonio manuel pereira	individual	Veterano M40	01:23:55	+33:30	06:27
86	2228	André Azevedo da Silva	núcleo do sporting clube de portugal de v. n. de famalicão	Senior Masculino	01:24:03	+33:39	06:28
87	2017	Regina Melo	arcorun	Veterana F40	01:24:20	+33:56	06:29
88	2237	João Dias	radler team	Veterano M40	01:24:25	+34:00	06:30
89	2292	PEDRO MIGUEL SANTOS MATOS	yazaki runners	Veterano M40	01:24:54	+34:30	06:32
90	2076	rui machado	gansos - trail e caminhadas	Veterano M50	01:25:02	+34:38	06:33
91	2282	Maria José Santos	team lantermil	Veterana F50	01:25:18	+34:53	06:34
92	2264	Carla Teresa Magalhães	salgueiros running	Veterana F40	01:25:23	+34:58	06:34
93	2108	Andre Silva	individual	Senior Masculino	01:25:47	+35:22	06:36
94	2139	Cristina Pacheco	individual	Veterana F40	01:25:48	+35:23	06:36
95	2271	Carla Ferreira	sporting clube de espinho / antónio leitão	Senior Feminino	01:26:05	+35:41	06:37
96	2093	Benedita Ferreira	individual	Senior Feminino	01:26:11	+35:46	06:38
97	2211	Marta Sofia Dantas da Cunha	minho e lima trail	Senior Feminino	01:26:53	+36:28	06:41
98	2044	Alfredo Machado	casa f.c.porto famalicão	Veterano M50	01:27:29	+37:05	06:44
99	2023	Carina Barbosa	aves runners	Senior Feminino	01:27:38	+37:14	06:45
100	2149	Maria de Fátima Castro Botelho Mendes	individual	Veterana F40	01:27:56	+37:31	06:46
101	2220	António Rodrigues	mozelos runners	Veterano M40	01:28:13	+37:49	06:47
102	2226	Salomé Sousa	nos acreditamos	Veterana F40	01:28:21	+37:56	06:48
103	2294	Alzira Alves	individual	Veterana F40	01:28:24	+37:59	06:48
104	2216	Joana Machado	mozelos runners	Senior Feminino	01:28:31	+38:06	06:49
105	2124	Ricardo Castilho	individual	Senior Masculino	01:28:32	+38:07	06:49
106	2101	Laura Marisa Martins Fernandes	individual	Senior Feminino	01:28:32	+38:08	06:49
107	2179	Paulo Caniço	individual	Veterano M40	01:28:32	+38:08	06:49
108	2096	Cátia Brito	individual	Senior Feminino	01:28:41	+38:17	06:49
109	2024	Vera Gonçalves	aves runners	Senior Feminino	01:28:42	+38:17	06:49
110	2223	Natércia Freitas	nos acreditamos	Senior Feminino	01:28:44	+38:20	06:50
111	2236	Freddy Assunção	radler team	Veterano M40	01:28:57	+38:32	06:51
112	2238	Sergio Ferreira	radler team	Veterano M40	01:28:57	+38:33	06:51
113	2254	Paulo Rafael Silva Figueiredo	runcicla	Senior Masculino	01:28:58	+38:34	06:51
114	2217	Sónia Santiago	mozelos runners	Senior Feminino	01:29:01	+38:37	06:51
115	2046	Nuno Oliveira	cb run	Senior Masculino	01:29:40	+39:15	06:54
116	2075	Rui Matos	gangue do areias	Veterano M40	01:29:47	+39:22	06:54
117	2284	Miguel Barros	trail team montaria	Sub 23 Masculino	01:29:52	+39:28	06:55
118	2270	Lénio Fernando Nogueira Marinho	salgueiros running	Veterano M60	01:30:01	+39:36	06:55
119	2144	Estelle deCastro	individual	Veterana F40	01:30:15	+39:50	06:57
120	2194	António Silva	individual	Veterano M60	01:30:15	+39:50	06:57
121	2146	Isabel Martins	individual	Veterana F40	01:31:14	+40:50	07:01
122	2135	Angela Pinto	individual	Veterana F40	01:31:23	+40:58	07:02
123	2125	RICARDO VILELA	individual	Senior Masculino	01:31:51	+41:26	07:04
124	2099	ISABEL MARIA DE SOUSA DIAS	individual	Senior Feminino	01:31:51	+41:27	07:04

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
125	2048	João Sousa	ccd sintrense	Senior Masculino	01:32:10	+41:46	07:05
126	2299	Edgar Seabra	individual	Senior Masculino	01:32:15	+41:51	07:06
127	2038	ELISABETE BORGES	braguinhas runners	Veterana F40	01:32:16	+41:51	07:06
128	2304	Kamília Martins	individual	Senior Feminino	01:32:16	+41:52	07:06
129	2039	José Fonseca	braguinhas runners	Veterano M50	01:32:16	+41:52	07:06
130	2268	Maria João Emídio	salgueiros running	Veterana F50	01:32:34	+42:10	07:07
131	2180	PAULO JORGE DE ALMEIDA LEMOS	individual	Veterano M40	01:32:37	+42:13	07:08
132	2092	Barbara Feio	individual	Senior Feminino	01:33:01	+42:36	07:09
133	2167	David Martins	individual	Veterano M40	01:33:01	+42:37	07:09
134	2010	Sérgio Ferreira	afrikanrunners	Veterano M40	01:33:17	+42:52	07:11
135	2116	João Rui Ferreira Mendes	individual	Senior Masculino	01:33:30	+43:05	07:12
136	2067	HELDER OLIVEIRA	gaia-running	Veterano M50	01:33:57	+43:32	07:14
137	2281	Maria João Oliveira	taylors	Veterana F40	01:34:03	+43:39	07:14
138	2064	Lúcia Oliveira	focoteam24	Veterana F40	01:34:19	+43:54	07:15
139	2245	Carla Almeida	run for fun	Veterana F40	01:34:46	+44:21	07:17
140	2265	Beatriz Silva	salgueiros running	Veterana F50	01:34:56	+44:31	07:18
141	2159	Isabel Monteiro	individual	Veterana F50	01:34:57	+44:33	07:18
142	2072	Fernando Manuel Bento Marques	gang do oeste	Veterano M50	01:35:37	+45:12	07:21
143	2068	Tiago Filipe da Silva Rangel de Almeida Marques	gang do oeste	Sub 23 Masculino	01:35:37	+45:12	07:21
144	2263	José Moreira	salgueiros running	Senior Masculino	01:36:04	+45:39	07:23
145	2313	Miguel Lira	viana running	Veterano M40	01:36:05	+45:41	07:24
146	2115	Ivo	individual	Senior Masculino	01:36:19	+45:54	07:25
147	2019	rosina couto	arcorun	Veterana F60	01:36:30	+46:06	07:25
148	2279	Aurora Carvalho	taylors	Senior Feminino	01:36:30	+46:06	07:25
149	2088	Ana Moura	individual	Senior Feminino	01:36:40	+46:15	07:26
150	2141	Elisabete Melo	individual	Veterana F40	01:36:50	+46:26	07:27
151	2156	Vanda Oliveira	individual	Veterana F40	01:36:54	+46:30	07:27
152	2057	BRUNO CARDOSO	ddt runners	Senior Masculino	01:37:12	+46:48	07:29
153	2175	Manuel Peixoto	individual	Veterano M40	01:37:15	+46:51	07:29
154	2205	Ana Isabel Oliveira	lion runners - g.d. leões da guarda	Senior Feminino	01:37:26	+47:02	07:30
155	2118	José Paiva	individual	Senior Masculino	01:37:43	+47:19	07:31
156	2283	André Barros	trail team montaria	Senior Masculino	01:38:13	+47:49	07:33
157	2151	Paula Morais	individual	Veterana F40	01:38:49	+48:25	07:36
158	2091	arminda cabral	individual	Senior Feminino	01:38:52	+48:27	07:36
159	2087	FERNANDO CUNHA	hsantamariart	Veterano M50	01:39:03	+48:38	07:37
160	2134	Ana Patrícia Ramos Augusto	individual	Veterana F40	01:40:01	+49:37	07:42
161	2266	Célia Afonso	salgueiros running	Veterana F50	01:40:26	+50:02	07:44
162	2138	Célia Vieira	individual	Veterana F40	01:40:47	+50:23	07:45
163	2260	Filipa Almeida	sai da frente	Sub 23 Feminino	01:41:01	+50:36	07:46
164	2259	Martinha Barbosa	sai da frente	Senior Feminino	01:41:01	+50:36	07:46
165	2074	Lucia Marinho	gangue do areias	Veterana F40	01:41:01	+50:36	07:46
166	2222	Fernando Sousa	mozelos runners	Veterano M50	01:41:56	+51:31	07:50
167	2133	Ana Cristina Nunes	individual	Veterana F40	01:42:01	+51:36	07:51
168	2035	António Matos	borabora, vamos lá!	Veterano M40	01:42:10	+51:46	07:52

13K - STAGE 1
13 KM
OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	2314	maria de fatima fernandes Pinho	individual	Veterana F40	01:42:15	+51:51	07:52
170	2027	Paula Castro	aves runners	Veterana F40	01:42:16	+51:51	07:52
171	2090	Ana Rita Coelho Batalha	individual	Senior Feminino	01:43:07	+52:43	07:56
172	2162	Maria Filomena Venâncio Lopes Marcelo	individual	Veterana F60	01:43:13	+52:49	07:56
173	3112	Alexandre Lages	os torneiras	Veterano M40	01:43:16	+52:52	07:57
174	3113	Filipe Almeida	os torneiras	Veterano M40	01:43:17	+52:52	07:57
175	2158	Ana Castro Gonçalves	individual	Veterana F50	01:43:42	+53:18	07:59
176	2269	Mário Emídio	salgueiros running	Veterano M50	01:43:47	+53:22	07:59
177	2022	Ariana Pereira	aves runners	Senior Feminino	01:43:50	+53:26	07:59
178	2286	Olga Coelho	traillovers	Senior Feminino	01:44:47	+54:23	08:04
179	2032	Edite Fernandes	borabora, vamos lá!	Veterana F40	01:45:32	+55:08	08:07
180	2148	Magda João Castelhana Carlos	individual	Veterana F40	01:46:15	+55:51	08:10
181	2157	Vilaca	individual	Veterana F40	01:46:15	+55:51	08:10
182	2164	Christian Maibohm	individual	Veterano M40	01:46:15	+55:51	08:10
183	2150	Maria la Saletta Silva Monteiro	individual	Veterana F40	01:46:43	+56:19	08:13
184	2276	Pedro Perpétuo	strong team	Veterano M40	01:46:47	+56:23	08:13
185	2278	Luisa Almeida	tartarugas do asfalto	Veterana F50	01:46:58	+56:34	08:14
186	2015	Cláudia Dias	arcorun	Senior Feminino	01:47:24	+56:59	08:16
187	2020	Sterling Bolivar	arcorun	Veterano M40	01:47:24	+56:59	08:16
188	2166	Daniel Nogueira	individual	Veterano M40	01:47:26	+57:01	08:16
189	2168	Eduardo Bastos	individual	Veterano M40	01:47:26	+57:01	08:16
190	2018	Alcina Moura	arcorun	Veterana F60	01:48:16	+57:52	08:20
191	2160	ISAURA DE ALMEIDA	individual	Veterana F50	01:48:27	+58:03	08:21
192	2143	Estefânia Matias	individual	Veterana F40	01:48:28	+58:04	08:21
193	2225	Aurora cardoso	nos acreditamos	Veterana F40	01:48:39	+58:14	08:21
194	2224	Ana paula	nos acreditamos	Veterana F40	01:48:44	+58:19	08:22
195	1368	Joana Martins	lion runners - g. d. leões da guarda	Veterana F40	01:48:53	+58:29	08:23
196	2202	Raquel Santos	lion runners - g. d. leões da guarda	Senior Feminino	01:48:53	+58:29	08:23
197	2267	Fernanda Vieira	salgueiros running	Veterana F50	01:49:26	+59:01	08:25
198	2114	Gonçalo Pires de Afonso Pires	individual	Senior Masculino	01:49:33	+59:08	08:26
199	2098	Íris Oliveira	individual	Senior Feminino	01:50:59	+01:00:35	08:32
200	2142	Elisabete Santos	individual	Veterana F40	01:51:47	+01:01:23	08:36
201	2061	Márcia Silva	éjáli...clube de amigos trailrunners	Senior Feminino	01:51:47	+01:01:23	08:36
202	2062	Sílvia Costa	éjáli...clube de amigos trailrunners	Senior Feminino	01:51:47	+01:01:23	08:36
203	2152	Raquel Santos	individual	Veterana F40	01:53:12	+01:02:47	08:42
204	2130	Vania Daniela de Araujo Campos	individual	Sub 23 Feminino	01:53:27	+01:03:02	08:44
205	2034	Sónia Cláudia Marques	borabora, vamos lá!	Veterana F40	01:53:56	+01:03:32	08:46
206	2031	Ana Ribeiro	borabora, vamos lá!	Veterana F40	01:53:57	+01:03:32	08:46
207	2089	Ana patricia pereira mendes cardoso	individual	Senior Feminino	01:54:26	+01:04:01	08:48
208	2300	Ricardo Almeida e Silva	individual	Senior Masculino	01:55:25	+01:05:00	08:53
209	2301	Renato Eduardo Pinho da Silva	individual	Senior Masculino	01:55:27	+01:05:02	08:53
210	2147	Mabel Pina	individual	Veterana F40	01:57:00	+01:06:35	09:00

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
211	2136	Brigitte machado	individual	Veterana F40	01:59:48	+01:09:24	09:13
212	2105	Sofia Nilo	individual	Senior Feminino	01:59:53	+01:09:29	09:13
213	2153	Roseane rocha costa	individual	Veterana F40	01:59:54	+01:09:30	09:13
214	2170	Filipe Moutinho	individual	Veterano M40	02:01:18	+01:10:53	09:20
215	2129	Cristiana Cruz	individual	Sub 23 Feminino	02:01:54	+01:11:30	09:23
216	2030	Eduarda Freitas	bodeguitas	Veterana F40	02:02:27	+01:12:02	09:25
217	2203	Isabel Lopes	lion runners - g. d. leões da guarda	Veterana F50	02:02:27	+01:12:03	09:25
218	2242	Daniela Almeida	royal wellness center	Senior Feminino	02:02:47	+01:12:22	09:27
219	2249	RUI CUNHA	run4lunch	Veterano M50	02:03:36	+01:13:12	09:31
220	2248	TERESA REIS	run4lunch	Veterana F50	02:03:36	+01:13:12	09:31
221	2247	MARIA MIRANDA	run4lunch	Veterana F50	02:03:37	+01:13:12	09:31
222	2262	Irene Barbosa	sai da frente	Veterana F40	02:06:23	+01:15:58	09:43
223	2261	Ana Sofia Durães	sai da frente	Veterana F40	02:06:23	+01:15:58	09:43
224	2161	Etelvina Gonçalves	individual	Veterana F60	02:06:47	+01:16:22	09:45
225	2275	Joana Faria	strong team	Senior Feminino	02:07:42	+01:17:17	09:49
226	2016	Erika Jesus	arcorun	Senior Feminino	02:08:00	+01:17:36	09:51
227	2302	Joana Sofia de Freitas Monteiro	individual	Senior Feminino	02:11:04	+01:20:40	10:05
228	2102	Nair Lima	individual	Senior Feminino	02:12:39	+01:22:14	10:12
229	2256	Miguel Ferreira	runcicla	Veterano M40	02:14:10	+01:23:45	10:19
230	2007	Daniela Sofia Rebelo Cartaxeiro Alexandre	acr casais das boiças	Sub 23 Feminino	02:16:14	+01:25:49	10:29
231	2005	Gonçalo Joaquim Baptista da Gaga Rodrigues Filipe	acr casais das boiças	Senior Masculino	02:16:14	+01:25:49	10:29
232	2008	Paula Cristina Marques António	acr casais das boiças	Veterana F40	02:16:14	+01:25:50	10:29
233	2255	Esperança Melo	runcicla	Veterana F40	02:17:56	+01:27:32	10:37
234	2154	Sandra Pires	individual	Veterana F40	02:20:21	+01:29:56	10:48
235	2251	Joana Maria Ferreira Freitas	runcicla	Senior Feminino	02:20:30	+01:30:05	10:48
236	2132	Alexandra Seoane Abrantes Costa	individual	Veterana F40	02:21:32	+01:31:07	10:53
237	2250	Andreia Miranda	runcicla	Senior Feminino	02:27:37	+01:37:12	11:21
238	2253	Sandra Castro	runcicla	Senior Feminino	02:27:37	+01:37:12	11:21
239	2207	Eliana soraia	maia768	Senior Feminino	02:29:25	+01:39:01	11:30
240	2137	Carla teixeira	individual	Veterana F40	02:29:25	+01:39:01	11:30
241	2234	António Soares	os manos	Veterano M40	02:29:56	+01:39:32	11:32
242	2169	Fernando Cardoso	individual	Veterano M40	02:30:18	+01:39:53	11:34
243	2011	Gracinda Nogueira	all about	Veterana F50	02:31:51	+01:41:26	11:41
244	2013	Maria José Silva	amigos vale silencio	Veterana F50	02:36:47	+01:46:22	12:04
245	2012	Manuela Costa	amigos vale silencio	Veterana F50	02:36:47	+01:46:23	12:04
246	2106	Veronica Costa	individual	Senior Feminino	02:37:22	+01:46:58	12:06
247	2086	Linda Braga	happy runners	Veterana F40	02:38:41	+01:48:17	12:12
248	2085	Joana Braga	happy runners	Senior Feminino	02:38:41	+01:48:17	12:12
249	2232	Manuela Moreira	os maias	Veterana F60	02:40:01	+01:49:36	12:19
250	2081	MARIA JOÃO PEREIRA	grupo maravilha	Veterana F40	02:40:53	+01:50:28	12:23
251	2080	HELIA GIL	grupo maravilha	Senior Feminino	02:40:53	+01:50:29	12:23
252	2082	TERESA VICENTE	grupo maravilha	Veterana F50	02:40:53	+01:50:29	12:23

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
253	2069	Cristina Paula Pires Rosa	gang do oeste	Veterana F50	02:48:44	+01:58:20	12:59
254	2233	Regina Maia	os maias	Veterana F60	02:50:09	+01:59:44	13:05
255	2231	Aurora Moreira	os maias	Veterana F60	02:50:09	+01:59:45	13:05
256	2230	Maria João	os maias	Senior Feminino	02:50:09	+01:59:45	13:05
257	2053	Diva Mendes	crazy team	Sub 23 Feminino	03:18:37	+02:28:13	15:17
258	2070	Maria Paula Barata Carvalho	gang do oeste	Veterana F60	03:18:43	+02:28:19	15:17
259	2071	Rui Jorge Morais Bento	gang do oeste	Veterano M40	03:18:43	+02:28:19	15:17
260	2073	Paulo Frederico Coelho	gang do oeste	Veterano M50	03:18:44	+02:28:20	15:17
261	2054	Bernardo Ramalhosa	crazy team	Sub 23 Masculino	03:18:44	+02:28:20	15:17
262	2055	Joana Ramalhosa	crazy team	Veterana F40	03:18:45	+02:28:20	15:17

EXTREME MILE - STAGE 1

1.609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	11.6°C	100%
End	11:45	11.6°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2215	Alex Tondela	montanha clube trailrunning/efapel	Veterano M40	21:10	-	-
2	4019	André Silva	sporting clube de espinho / antónio leitão	Senior Masculino	21:17	+00:07	-
3	4026	José Pereira	individual	Senior Masculino	21:32	+00:22	-
4	4009	João Narciso Gonçalves	individual	Senior Masculino	21:53	+00:43	-
5	111	Fábio Filipe	individual	Senior Masculino	22:01	+00:51	-
6	4033	Amandio Antunes	individual	Senior Masculino	24:05	+02:55	-
7	4029	João Linhares	individual	Senior Masculino	24:12	+03:02	-
8	4014	Bruno Batista	lion runners - g. d. leões da guarda	Senior Masculino	24:52	+03:42	-
9	3090	Miguel Ferreira	lion runners - g. d. leões da guarda	Senior Masculino	24:59	+03:49	-
10	4015	Telmo Reis	lousada runners	Senior Masculino	25:11	+04:01	-
11	70	Hugo Marante Lima	desnível positivo	Senior Masculino	25:42	+04:32	-
12	3088	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	25:54	+04:44	-
13	3092	Luis Sá	lion runners - g. d. leões da guarda 2	Senior Masculino	25:58	+04:48	-
14	169	José Marques	individual	Veterano M40	26:01	+04:51	-
15	1059	Diogo Soares da Costa Almeida	carlos sá nature events	Senior Masculino	26:14	+05:04	-
16	4016	Renata Gonçalves	montanha clube trailrunning/efapel	Senior Feminino	26:21	+05:11	-
17	1017	Rui Araújo	águias de alvelos	Sub 23 Masculino	26:24	+05:14	-
18	4002	Álvaro Vale	ade trail running	Senior Masculino	26:30	+05:20	-
19	4004	Sérgio Almeida	afrikanrunners	Senior Masculino	26:38	+05:28	-
20	4023	Luís Vale	team lantermil	Senior Masculino	27:04	+05:54	-
21	129	Pereira Nuno	individual	Senior Masculino	27:20	+06:10	-
22	283	José António de Almeida Moreira	viriatvhs runners viseu	Veterano M50	27:57	+06:47	-
23	4028	Goretti silva	individual	Senior Feminino	28:13	+07:03	-
24	4024	Nuno Maia	team lantermil	Senior Masculino	28:25	+07:15	-
25	4031	Tiago Costa	individual	Senior Masculino	28:32	+07:22	-
26	4003	Marco Machado	afrikanrunners	Senior Masculino	28:36	+07:26	-
27	4027	João Paulo Queirós	individual	Senior Masculino	28:45	+07:35	-
28	2060	Maria Pinto	dórémí	Veterana F40	28:50	+07:40	-
29	4030	Jorge Lobo	individual	Senior Masculino	28:57	+07:47	-
30	2206	Pedro Bernardes	lion runners - g.d. leões da guarda	Senior Masculino	29:00	+07:50	-
31	4032	daniel grenha fonseca	individual	Senior Masculino	30:22	+09:12	-
32	4008	Carlos Manuel Moreira Rodrigues	individual	Senior Masculino	30:50	+09:40	-
33	4005	Ricardo Araújo	b.t.m	Senior Masculino	30:57	+09:47	-
34	65	José Gomes	cerveira team running	Veterano M50	31:44	+10:34	-
35	29	Jorge Silva	asphalt assault team	Veterano M40	32:08	+10:58	-
36	4022	Mónica Martins	team lantermil	Senior Feminino	32:15	+11:05	-
37	1058	Natália Pires Amoedo	carlos sá nature events	Senior Feminino	32:37	+11:27	-
38	4010	Joao Pedro Vilaca Ferreira	individual	Senior Masculino	32:41	+11:31	-
39	4007	Dores Cachetas	individual	Senior Feminino	34:35	+13:25	-
40	1266	Dias Paul	individual	Veterano M40	35:03	+13:53	-

EXTREME MILE - STAGE 1

1.609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1078	Francisco Fonseca	dórémi	Senior Masculino	36:16	+15:06	-
42	170	José Martins	individual	Veterano M40	36:27	+15:17	-
43	4025	Sérgio Bastos	team lanthemil	Senior Masculino	36:33	+15:23	-
44	4020	Cristiana Machado	team lanthemil	Senior Feminino	36:43	+15:33	-
45	4017	Georgina Santos	pupis adventure sports team	Senior Feminino	38:12	+17:02	-
46	4018	Oriana Moreira	pupis adventure sports team	Senior Feminino	42:17	+21:07	-
47	4021	Margarida Dantas	team lanthemil	Senior Feminino	43:08	+21:58	-
48	4006	Ana Oliveira	individual	Senior Feminino	43:11	+22:01	-

TOP 50 - Event Started

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

29	4008	Carlos Manuel Moreira Rodrigues	Individual	Senior Masculino	30:51
30	4005	Ricardo Araújo	B.T.M	Senior Masculino	30:58
31	65	José Gomes	Cerveira Team Running	Veterano M50	31:45
32	29	Jorge Silva	ASPHALT ASSAULT TEAM	Veterano M40	32:09
33	4010	Joao Pedro Vilaca Ferreira	Individual	Senior Masculino	32:42
34	1266	Dias Paul	Individual	Veterano M40	35:04
35	1078	Francisco Fonseca	DóRéMi	Senior Masculino	36:17
36	170	José Martins	Individual	Veterano M40	36:28
37	4025	Sérgio Bastos	TEAM LANTEMIL	Senior Masculino	36:34