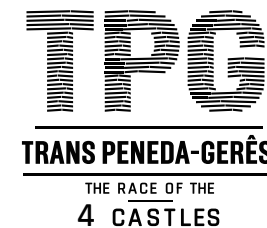


TPG 165KM

▶ 27 A 29 MAIO 2022
▶ 27TH TO 29TH MAY 2022

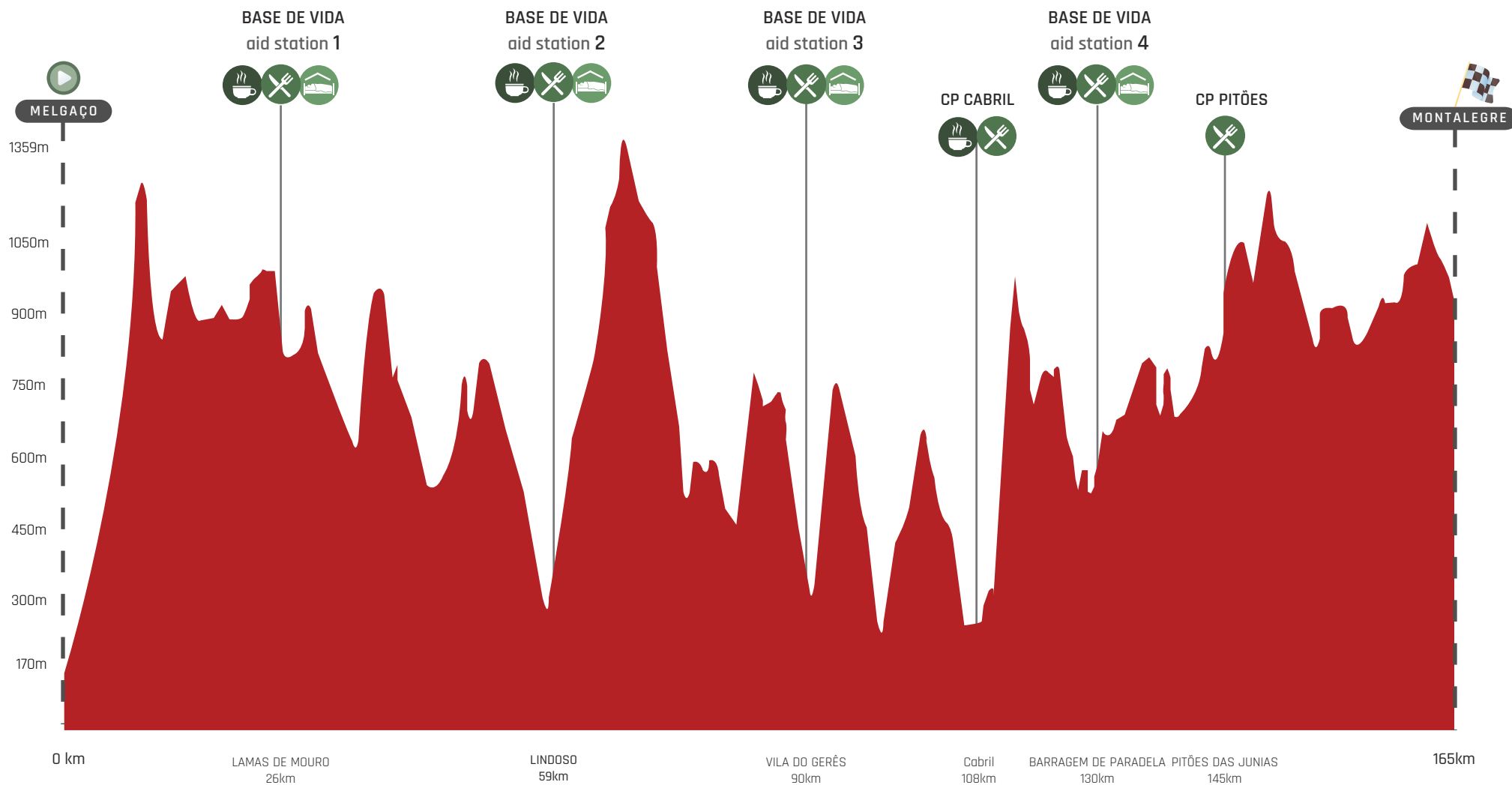


2022 EDITION



- HOT DRINKS
- AID STATION
- REST

165 KM
[9500M D+ / 8200M D-]



PROGRAM

165KM



27TH MAY
FRIDAY



MELGAÇO
▼
MONTALEGRE

26TH MAY



11:00AM

Opening of the secretariat
(in front of Melgaço City Hall)

27TH MAY



08:00AM

Transport by bus to the athletes
TPG 165Km, from Porto aeroport
to Melgaço;

08:00AM

Transport by bus to the athletes
TPG 165Km, from Montalegre
to Melgaço;

10:00AM

Opening of the secretariat
(in front of Melgaço City Hall)

16:00PM

Start of the Race

28TH MAY



13:20PM

Estimated arrival of the
1st athlete TPG165Km
(CasteloMontalegre)

08:45AM

Estimated passage of
the 1st athletes at
Km 130 in Barragem de Paradela.

02:45AM

Estimated passage of
the 1st athletes at
Km 90 in Vila do Gerês.

22:40PM

Estimated passage of
the 1st athletes at
Km 59 in Lindoso.

29TH MAY



17:30PM

Transport by bus from
Center of Montalegre to
Porto Aeroport

16:00PM

Prize giving ceremony
(Castelo de Montalegre)



► **EVENT'S SECRETARIAT**

26TH MAY 2022

11H00AM - 14H30PM

MELGAÇO'S CITY HALL

26TH MAY 2022

10H00AM - 14H00PM

MELGAÇO'S CITY HALL



► **TRANSFERS**

PORTO -----> **MELGAÇO**

27TH MAY / 08:00 AM

MONTALEGRE -----> **MELGAÇO**

27TH MAY / 08:00 AM

MONTALEGRE -----> **PORTO**

29TH MAY / 17:30 PM



► **SLEEP OPTIONS**

- <https://www.cm-melgaco.pt/visitar/onde-dormir/#mainContentOfPageID>
- <https://www.cm-montalegre.pt/pages/388>



CP's	KM's	BARREIRAS HORÁRIAS TIME BARREIRS	SACOS* DROP-BAGS*	DORMIDAS SLEEP	DUCHE SHOWER	CP's
Lamas de Mouro	26	20:00 SEXTA-FEIRA FRIDAY	—	—	—	Lamas de Mouro
Lindoso	59	05:00 SÁBADO SATURDAY	✓	—	—	Lindoso
Gerês	90	14:00 SÁBADO SATURDAY	✓	✓	✓	Gerês
Abastecimento Cabril	108	—	—	—	—	Supply Cabril
Paradela	130	06:00 DOMINGO SUNDAY	✓	✓	✓	Paradela
Abastecimento Pitões	145	10:00 DOMINGO SUNDAY	—	—	—	Supply Pitões
Meta	168		✓	✓	✓	FINISH

* Haverá um saco para cada base fornecido por nós e para a meta será a vossa mala

* There will be a bag for each base provided by us and at the Finish will be your suitcase



27TH MAY
FRIDAY



MELGAÇO
▼
MONTALEGRE

▶ MORE INFO

PT

[HTTPS://WWW.CARLOSSANATUREEVENTS.COM/PDFS/TPG2022_2REGULAMENTO_PT.PDF](https://www.carlossanatureevents.com/pdfs/TPG2022_2REGULAMENTO_PT.PDF)

EN

[HTTPS://WWW.CARLOSSANATUREEVENTS.COM/PDFS/TPG2021_REGULAMENTO_EN.PDF](https://www.carlossanatureevents.com/pdfs/TPG2021_REGULAMENTO_EN.PDF)