

TPG 105KM

▶ 27 A 29 MAIO 2022

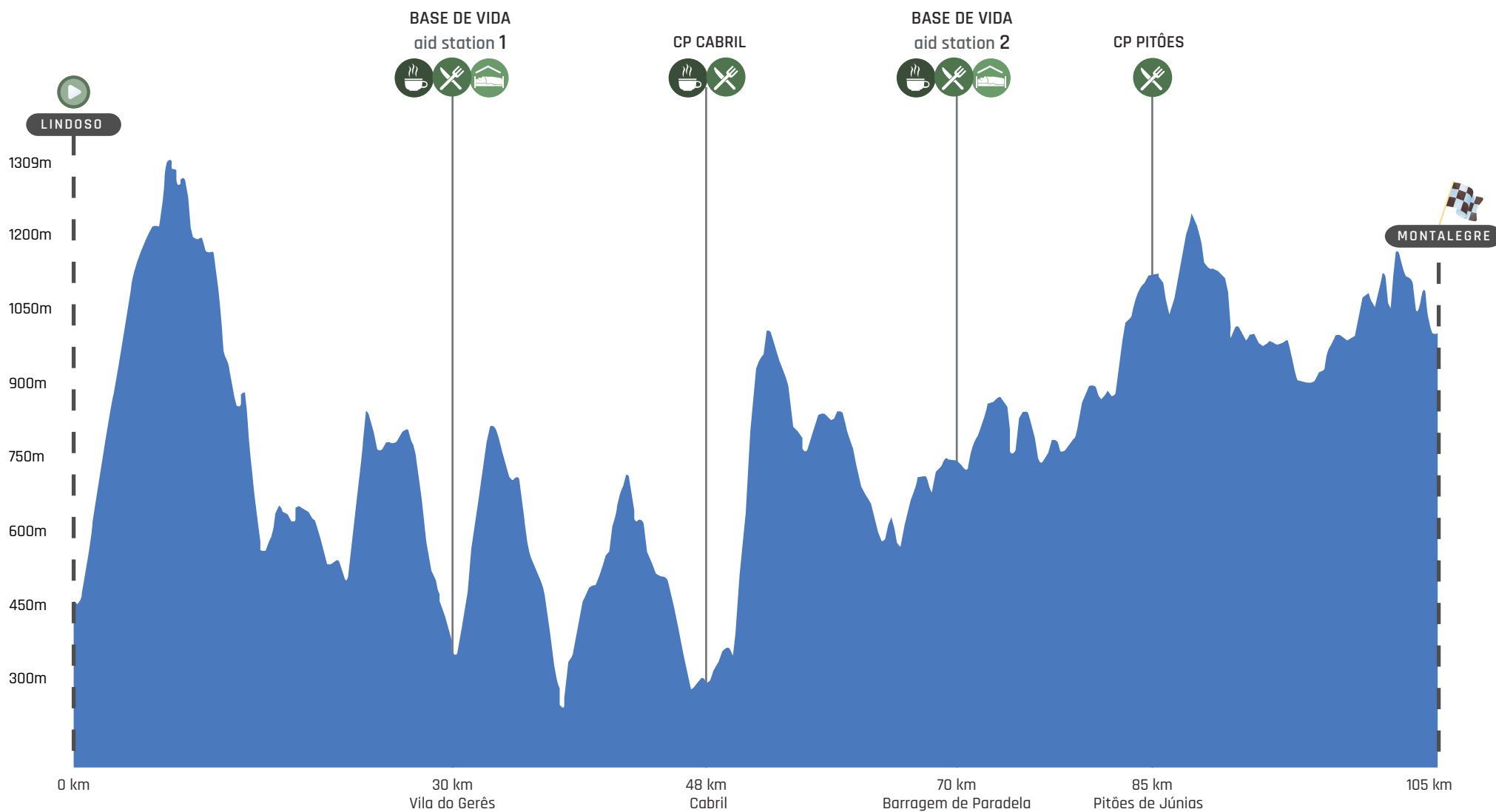
▶ 27TH TO 29TH MAIO 2022





- HOT DRINKS
- AID STATION
- REST

105 KM
[5738M D+ / 5187M D-]



PROGRAM 105KM



27TH MAY
FRIDAY



LINDOSO
▼
MONTALEGRE

26TH MAY



11:00AM

Opening of the secretariat
(in front of Melgaço City Hall)

27TH MAY



10:00AM

Opening of the secretariat
(in front of Melgaço City Hall)

22:00PM

Transport by bus from
Center of Ponte da Barca to
Lindoso

22:00PM

Opening of the secretariat
(in front of Lindoso Castle)

24:00NOON

Start of the Race

28TH MAY



13:20PM

Estimated arrival of the
1st athlete TPG105Km
(Castelo Montalegre)

29TH MAY



16:00PM

Prize giving ceremony
(Castelo de Montalegre)

17:30PM

Transport by bus from
Center of Montalegre to
Ponte da Barca



► **EVENT'S SECRETARIAT**

27TH MAY 2022

10H00AM - 14H00PM
LINDOSO CASTLE

27TH MAY 2022

22H00PM
LINDOSO CASTLE



► **TRANSFERS**

PONTE DA BARCA -----> LINDOSO
27TH MAY / 22:00 PM

MONTALEGRE -----> PORTO
29TH MAY / 17:30 PM



► **SLEEP OPTIONS**

- <https://www.cmpb.pt/alojamentos.php>
- <https://www.cm-montalegre.pt/pages/388>



CP's	KM's	BARREIRAS HORÁRIAS TIME BARREIRS	SACOS* DROP-BAGS*	DORMIDAS SLEEP	DUCHE SHOWER	CP's
Gerês	30	_____	_____	✓	✓	Gerês
Abastecimento Cabril	48	_____	_____	_____	_____	Supply Cabril
Paradela	70	_____	✓	✓	✓	Paradela
Abastecimento Pitões	85	_____	_____	_____	_____	Supply Pitões
Meta	105	29h	✓	✓	✓	FINISH

* Haverá um saco para cada base fornecido por nós e para a meta será a vossa mala

* There will be a bag for each base provided by us and at the Finish will be your suitcase



▶ MORE INFO

PT

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EN

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